

Touro Scholar

School of Health Sciences and Practice

Alumni Connections

Fall 2020

Fall 2020 SHSP Alumni Connections

New York Medical College

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SHSP ALUMNI CONNECTIONS

Fall 2020



Meet the Chair of the Board

After serving for nearly a decade as a member of the Board of Trustees of New York Medical College (NYMC), **Joseph D. Mark** has been appointed as chair of its Board of Trustees. A former investment banker and health care executive, Mr. Mark is fueled by his interest in the health science and education fields and his professional accomplishments include investing in and cofounding several health care companies. Blending his professional and philanthropic passions, Mr. Mark believes that contributions of "time, experience, and money" can help organizations achieve their missions. [Read the full article on Joseph D. Mark, chair of the Board of Trustees.](#)

New York Medical College Announces Partnership with Dominican College

NYMC School of Health Sciences and Practice (SHSP) has partnered with Dominican College to provide early acceptance programs into the Master of Public Health (M.P.H.), Master of Science (M.S.), and certificate programs at NYMC's SHSP. [Read the full article on the NYMC partnership with Dominican College.](#)



D.P.T. Students Offer Health and Wellness Tips on Social Media

Although the current pandemic and social distancing guidelines have changed many things in the daily routines of people's lives, members of the Doctor of Physical Therapy (D.P.T.) Health and Wellness Community Service Project Group believe people can still maintain their fitness and make health and wellness a priority at a time when it is needed most. The students are engaging and supporting individuals in their fitness journeys via social media. They are adding workouts to the [SHSP Instagram](#) (@nymc_shsp). Each week a new workout will be dedicated to a topic such as posture, stretching and strength training. The Health and Wellness Group will also be posting tips for how to stay motivated while at home, how to modify a workout

according to fitness level and others. [Read more about the tips offered by SHSP D.P.T. students.](#)

Hello everyone! Over the next few months a group of students from the DPT class of 2022 will be using this Instagram page to post tips for staying healthy and active at home as well as different type of workouts and fun facts about the Physical Therapy profession! We look forward to sharing what we have created with you all!

DPT CLASS OF 2022 HEALTH AND WELLNESS GROUP

Founder's Dinner Brings NYMC Community Together Virtually

The New York Medical College (NYMC) community gathered online to celebrate the first ever virtual Founder's Dinner. Leadership, inspiration and education, were the themes of the video viewed by College supporters on the evening of October 21, while a live chat feature kept the audience engaged with each other. The event honored distinguished community leaders and alumni, and paid homage to the students and faculty on the frontline of the COVID-19 pandemic. [Read the full article on the Founder's Dinner, view the video and peruse the journal.](#)



Six COVID-19 Symposiums Have Addressed "What Have We Learned? How Can We Use What We Have Learned?"

On September 24, nearly eight months after New York Medical College (NYMC) and the Touro College and University System (TCUS) hosted its first COVID-19 symposium, the College hosted its sixth in the series during which faculty experts shared the latest updates on COVID-19. In his introductory remarks, Edward C. Halperin, M.D., M.A., chancellor and chief executive officer, spoke of the shared sense of frustration, felt throughout our entire nation, around the lack of understanding about when the COVID-19 crisis will finally be under control. "We at New York Medical College and the Touro College and University System are going to keep providing you with the most current information on the pandemic, so that you can negotiate the situation as it evolves," he said. [Read the full article and view the video.](#)



\$100,000 Gift from Henry Saphier, M.D. '61, Will Support Important COVID-19 Research

For **Henry Saphier, M.D. '61**, his commitment to NYMC is a "labor of love" that began at birth and has spanned his entire life. Dr. Saphier was born at Flower Free Surgical Hospital, which was built by NYMC in 1889 as the first teaching hospital in the country to be owned by a medical college. The obstetrician that delivered him was Carl Salzman, M.D., a member of the NYMC Class of 1924. [Read the full article on Dr. Saphier.](#)

Consider making a gift to support SHSP students today. Visit nymc.edu/give.



NYMC Hosts Writing Workshop to Empower Students to Use Their Written Voice



More than 60 students from NYMC and the Touro College and University System participated in the Student Workshop: The Craft of Op-Ed Writing, presented by the NYMC Office of Public Relations. The Zoom workshop was created, amidst the nationwide protests against deep-rooted racial inequity, to empower students to use their written voice to express themselves and engage in dialogue. Edward C. Halperin, M.D., M.A., chancellor and chief executive officer, met with College's leaders across various programs and schools to challenge them to find new ways to improve diversity and inclusion for the NYMC community. The Office of Public Relations had already been working with faculty to sharpen their op-ed writing skills. "We realized we had this perfect opportunity to share these writing "tools" with our students so they too could lend their diverse voices to the ongoing dialogue," said Jennifer Riekert, M.B.A., vice president of communications and strategic initiatives. [View the workshop here.](#)

NYMC Unveils Free Community Food Pantry

Donate what you can, take what you need, is the idea behind the NYMC free community food pantry, located outside of the Alumni House at 20 Sunshine Cottage Road. The micro pantry will be stocked with non-perishable food items and other items donated by the NYMC community. The pantry will be monitored by volunteers coordinated by the Student Healthcare Executives Club (StuHE) in the SHSP. It is not supervised for Jewish dietary law observance. [Read the full article on the NYMC food pantry.](#)



ALUMNI SPOTLIGHT

Working as a nurse practitioner in Las Vegas, Nevada, **Thomas Sharon, R.N., M.P.H.**, put his M.P.H. in epidemiology to use, identifying community resources and advising people on how to prevent the spread of COVID-19. [Read more about Mr. Sharon.](#)



FACULTY SPOTLIGHT



Front Line Hero

George W. Contreras, M.E.P., M.P.H., M.S., CEM, FAcEM, assistant director of the Center for Disaster Medicine, assistant professor in the Institute of Public Health of the SHSP and assistant director of the Advanced Certificate in Emergency Management Program, put his own lessons in disaster medicine to use -- working as a paramedic at the Center of the COVID-19 crisis. [Read more about Mr. Contreras.](#)



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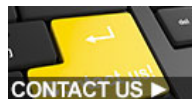
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