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Alumni Connections

Winter 2018

Winter 2018 SHSP Alumni Connections

New York Medical College

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Call for School of Health Sciences and Practice Alumni Milestones



We would love to share your most recent news and accomplishments in our next issue of the [Chironian](#).

If you have any accomplishments or developments, published a book, or have any family news to share we would love to hear from you. Please [share your updates](#) with us to be included in our class notes.

Mark J. Kittleson, Ph.D., is Named Chair of the Department of Public Health in the School of Health Sciences and Practice

Mark J. Kittleson, Ph.D., has joined the faculty of NYMC's School of Health Sciences and Practice (SHSP) as professor and chair of the newly realigned Department of Public Health. The School of Health Sciences and Practice created the new Department of Public Health to integrate the public health areas of concentration, among them behavioral health sciences, biostatistics, emergency preparedness, environmental health science, epidemiology, global health, health care administration, health education, health policy and management, and industrial hygiene. The department also has become, for purposes of accreditation, NYMC's entire public health "program" that currently has full accreditation through 2022. Dr. Kittleson was selected for the position following a national search that included many qualified candidates. He most recently served as dean of the School of Health and Human Performance at SUNY Brockport, a school with some of the largest majors at the college including nursing, kinesiology, sport studies, and physical education (KSSPE), public health and health education, healthcare studies and recreation and leisure studies. [Read the full article...](#)



ALUMNI SPOTLIGHT



[Lieutenant Lewis K. Antwi, M.P.H. '15](#)

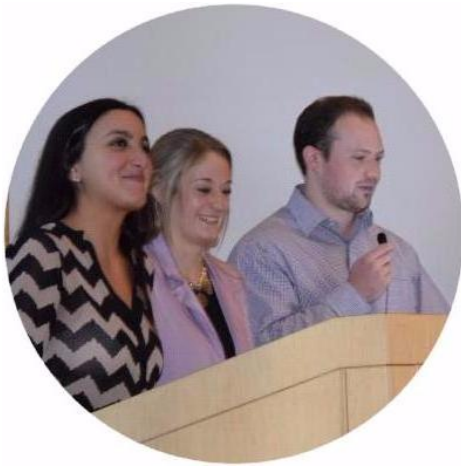
Serving in the U.S Navy as Hospital Corpsman Dental Assistant (HMDA)

"Don't stop trying, because the very moment you stop trying is the very moment you've failed yourself."

GRANT NEWS

D.P.T. Class of 2019 Share Their Good Works at Community Service Presentations

Community service projects carried out by Doctor of Physical Therapy (D.P.T.) students in the School of Health Sciences are a win-win. Students learn important lessons in planning, executing and assessing an activity that addresses a local or underserved community need and a host of beneficiaries gain from their hard work, skills and knowledge. This year the D.P.T. Class of 2019 shared their community service projects and outcomes with the College community on November 30 in Nevins Auditorium. They also gave first-hand and sage advice to members of the D.P.T.



Class of 2020 who will build upon the success of the projects and expand their scope. Innovations to this year's projects included creating a [video of the Race for Rehab course](#) that was available for participants to view prior to the race and developing a breathing and relaxation technique brochure and assembling toiletry care packages for My Sister's Place, an organization that provides shelter and services to battered women and their children and victims of human trafficking. View the [D.P.T. Community Service Project Presentations photo gallery](#). [Read the full article...](#)



NYMC faculty members engage in sponsored research and other programs spanning a wide range of biomedical topics. Read about the latest [NYMC grant news](#).

StuHE Hosts Career Mentor Session

More than 60 students and alumni in the School of Health Sciences and Practice put their best foot forward and met with advisers at the 8th Annual Career Mentor Session hosted by the Student Healthcare Executives Club (StuHE) on November 16 under the guidance of advisors Denise C. Tahara, M.B.A., M.Phil, Ph.D., associate professor of public health practice and director, M.P.H. Studies, and Michael P. Shakarjian, Ph.D., assistant professor and program director, M.P.H. Environmental Health Science Studies. The Medical Education Center lobby was filled with stations for participants to meet and network with public health professionals serving as career mentors, offering feedback on their resumes and tips for searching for a job. Seventeen career mentors included alumni and professionals representing behavioral/community health, global health, environmental health, hospital systems, emergency preparedness, pharmaceuticals, county health commissioners and federally qualified health centers. Remote access mentor sessions were available for distance learning students as well as off-site mentors. Ben C. Watson, Ph.D., vice dean of the School of Health Sciences and Practice, offered his guidance on careers in public health. "The event was, once again, a great success. It was a great opportunity for presenting a diverse range of health care opportunities in the field of public health," said StuHE president Namrata FNU. If you are interested in participating in a future Career Mentor Session, either as a mentor or mentee, please contact shspalumni@nymc.edu. View the [StuHE Career Mentor Session photo gallery](#).



IN THE NEWS



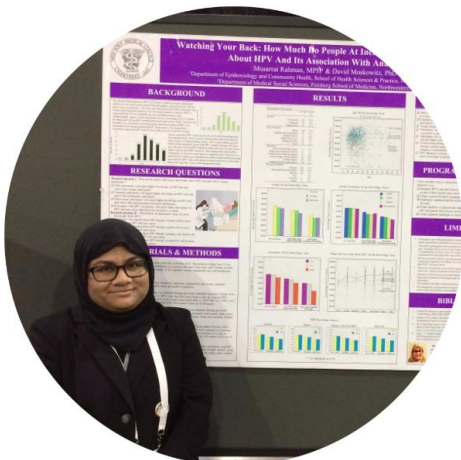
As leaders in a variety of specialties and fields, New York Medical College's faculty have been called upon by media outlets to serve as experts on cutting edge topics, events and news stories. Read the latest offerings of [NYMC in the news](#).

PHOTO GALLERY



View photos from the [NYMC Faculty Author Recognition event](#), held on October 24, 2017.

SHSP Weighs In at APHA 2017



Faculty, students and alumni of the School of Health Sciences and Practice (SHSP) were among the 12,000 public health practitioners learning, sharing and exploring public health discipline and practice issues at APHA 2017, the American Public Health Association annual meeting and expo, held November 4-8 in Atlanta. This year's theme, "Creating the Healthiest Nation: Climate Changes Health," featured sessions focused on climate change, from its impact on disease-carrying vectors to the role of transportation and planning professionals to occupational safety in the green job sector. **Musarrat Rahman**, an M.P.H. candidate in behavioral sciences and health promotion, was nominated by the Delta Alpha Chapter of the Delta Omega Honorary Society in Public Health and selected through a national student competition, to present her scholarship and research at their annual

sponsored student poster session through the Academic Public Health Caucus. She presented

"Watching Your Back: How Much Do People at Increased Risk Actually Know about the Human Papillomavirus (HPV) and Its Association with Anal Cancer?" View the [NYMC APHA 2017 photo gallery](#). [Read the full article...](#)

M.P.H. Student Adds Global Experience to Public Health Education

Parthener Pinder, M.D., an M.P.H. candidate in the School of Health Sciences and Practice, recently participated in the 32nd Council of International Fellowship (CIF) International Conference 2017 held in September in Kalamata, Greece. The CIF is a not-for-profit global organization formed in 1960 stemming from the Council of International Programs (CIP) and the Council of International Programs U.S.A. (CIPUSA). With more than 30 national branches worldwide, CIF's goal is to "promote international understanding and world peace through training and exchange of experience for professionals in human services." [Read the full article...](#)



NYMC Reaches Out to Puerto Rico



At a press conference convened on October 20, **Robert Amler, M.D., M.B.A.**, left, dean of the School of Health Sciences and Practice and vice president of government affairs, **Senator Terrence P. Murphy**, center, and **Michael J. Reilly, Dr.P.H. '10, M.P.H.**, director of the Center for Disaster Medicine, associate professor of environmental health science, and associate professor of clinical emergency medicine and director, Center of Excellence in Precision Responses to Bioterrorism and Disasters, shared their experiences of their recent medical mission trip to Puerto Rico, bringing desperately needed supplies and medical aid to the island after the devastation of Hurricane Maria. View the [press conference video](#). [Read the full article...](#)

SHSP Hosts Special Dean's Lecture

The School of Health Sciences and Practice hosted a special Dean's Lecture on October 3, welcoming **Michael J. Dowling**, second from right, president and chief executive officer of Northwell Health, as the evening's keynote speaker. Mr. Dowling shared his perspectives on the changing landscape of health care. He was joined by, from left: **Robert W. Amler, M.D., M.B.A.**, dean of the School of Health Sciences and Practice and vice president of government affairs; **Alan Kadish, M.D.**, president; **Edward C. Halperin, M.D., M.A.**, chancellor and chief executive officer; and **Daniel Blum**, president and chief executive officer of Phelps Memorial Hospital Center.



19th Annual Race for Rehab Supports Achilles International



The weather was gloomy but it didn't dampen the spirit of the 19th Annual Race for Rehab on October 8, organized and hosted by Doctor of Physical Therapy (D.P.T.) students in the School of Health Sciences and Practice. Proceeds from the race -- and all the fundraising events prior -- supported [Achilles International](#), a not-for-profit organization which provides athletes with disabilities with a community of support, using sports as a tool to bring hope, inspiration and the joys of achievement to people with disabilities. More than \$6,600 was raised bringing the 19 year total to just shy of \$130,000. View the [Race for Rehab photo gallery](#). [Read the full article...](#)

D.P.T. Class of 2019 Celebrates National Physical Therapy Month

The Doctor of Physical Therapy Class of 2019 joined with the American Physical Therapy Association and the "MoveForwardPT" movement to celebrate National Physical Therapy month in October. They offered lunchtime ergonomic assessments and posture screenings outside of the cafeteria, providing evaluations and useful tips and exercises for using handheld electronic devices and for office environments. View the [Physical Therapy Month Screening photo gallery](#).



NYMC Pride Shines at Founder's Dinner



The NYMC community and friends assembled on the lovely evening of September 17 to celebrate at the annual Founder's Dinner held at the DoubleTree Hilton in Tarrytown, N.Y. The fundraising gala drew nearly 350 guests including faculty, hospital affiliates, alumni, students, friends, vendors, members of the business community and local government officials. The evening also paid tribute to steadfast supporters of the College for their commitment to NYMC and the larger community. Back from left, **Alan Kadish, M.D.**, president, and **Edward C. Halperin, M.D., M.A.**, chancellor and chief executive officer, expressed gratitude and congratulated the honorees, front from left: **Dr. Mark Hasten**, who received the Alfred B. DelBello Distinguished Service Award; **Ira Schwartz, Ph.D.**, who was presented with the Jackson E. Spears Service Award; and **Robert G. Lerner, M.D.**, who was honored with the Golden

Faculty Service Award. Not pictured: Robert J. Lifton, M.D. '48, who was the recipient of the William Cullen Bryant Award. Amid the dining and awards presentations, guests feverishly tried to outbid each other in the silent auction that included sporting event tickets, celebrity memorabilia, jewelry, artwork and more.

"We are very grateful for the generous support of our sponsors and donors including trustees, faculty, alumni, hospital affiliates, vendors and generous friends who helped make the evening a memorable one," said Amy S. Kahn, vice president of Development and Alumni Relations. "It was a great opportunity to connect with each other and reflect on the proud history and promising future of New York Medical College."

View the [2017 Founder's Dinner photo gallery](#). [Read the full article...](#)

Noted Physiotherapist Shares His Views on Cultural Competence

The School of Health Sciences and Practice Department of Physical Therapy hosted a talk by **Raju K. Parasher, M.Sc., P.T., Ed.D.**, director/principal of the Amar Jyoti Institute of Physiotherapy, a college of the University of Delhi, India, on September 5. Dr. Parasher presented "Providing Physical Therapy and Rehabilitation Services Across Three Continents: The Impact of Cultural Factors." Dr. Parasher is a former associate professor in the School of Health and Medical Sciences at Seton Hall University and assistant professor in the Department of Biobehavioral Sciences at Teachers College, Columbia University. He shared his cross cultural experiences in providing physical therapy and educating physical therapy students in India, Sweden and the United States with an audience of physical therapy students and faculty of the School of Health Sciences and Practice. [Read the full article...](#)



Founder of Achilles International Gives Inspirational Talk

The School of Health Sciences and Practice Department of Physical Therapy welcomed **Dick Traum, Ph.D.**, right, the founder of [Achilles International](#), for a special lunchtime presentation on September 13. Dr. Traum, who was the first person with an amputation to run the New York City Marathon in 1976, gave an overview of the non-profit organization that encourages people with disabilities to participate in mainstream running, including its recent success with programs for veterans and children. The 19th Annual Race for Rehab on Sunday, October 8, was coordinated by second-year physical therapy students to benefit Achilles International. View [Founder of Achilles International Presentation photo gallery](#).



Alumni Community Website to Launch January 2018

Coming this January, a new interactive alumni website! All on a secure online space **exclusive for NYMC alumni**.

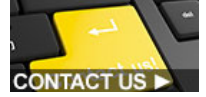
- Reconnect and reminisce with fellow alumni
- Share experiences with new graduates
- Be a mentor to current students
- Increase your individual and professional network



Upcoming Events

Link Locally, Effect Globally - Second Annual SHSP Alumni Networking Event

Mark your calendars for the Second Annual SHSP Alumni Networking Event on Monday April 22, 2018. Meet the Dean, make connections, and build your network at this exclusive networking event for School of Health Sciences and Practice Alumni. Join fellow alumni for opportunities to network with leaders, engage with fellow alumni, and speak one-on-one with the Dean, Dr. Robert Amler. View photos from the [First Annual SHSP Networking Event](#).



Alumni Connections is New York Medical College's e-newsletter distributed to all alumni, published quarterly by the Office of Public Relations. Suggestions for story ideas are always welcome. Please call or email with your comments and inquiries at (914) 594-4536 or public_relations@nyc.edu.

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