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InTouch

a publication for the New York Medical College community

Week of October 25, 2021



NEWS

Meet the New Students of NYMC

NYMC welcomed more than 400 enthusiastic first-year students for the 2021-2022 academic year, as students from the SOM, SHSP and the GSBMS, officially became part of the NYMC community. Through welcoming events both in-person and virtual, students got acquainted with their fellow classmates and faculty. As the academic year got underway, one student from each school shared what drives their passion and why they chose to become part of the NYMC community. [Read the full article on some of the newest members of the NYMC community.](#)



IN THE COMMUNITY



Donate Life Club Hosts Blood Drive with Highest Turnout in Four Years

NYMC's Donate Life Club saw an impressive turnout at the first blood drive of the academic year on October 14, with the highest amount of donations since 2017. Dozens of students filed into the Willner Atrium Lobby in the Medical Education Center to donate blood, doubling the total of the last drive during a time of great need. [Read the full article on the blood drive.](#)

ACCOLADES

The SOM Anesthesia Interest Group was recognized with the 2020-2021 Outstanding Anesthesia Interest Group Award in the Most Innovative AIG category by the American Society of Anesthesiology (ASA) Medical Student Component during the ASA Medical Student Component House of Delegates on October 10 in San Diego, California. Accepting the award from left were: **Ashley Wang**, SOM Class of 2022;



Huzefa Diwan, SOM Class of 2023;
Shuchi Gaur, SOM Class of 2022;
Christine Colasacco, SOM Class of 2024;
and **Alice Alexandrov**, SOM Class of 2022.



Edward C. Halperin, M.D., M.A., chancellor and chief executive officer, presented a webinar, “We do not want him, because he is a JEW!: The Montreal Interns’ Strike of 1934,” on October 24 for Congregation Adath Jeshurun.

Meena Jhanwar-Uniyal, Ph.D., research associate professor of neurosurgery, was invited to give a talk on “Disentangling the Signaling Pathways of mTOR Complexes, mtORC1 and mTORC2, as a Therapeutic Target in Glioblastoma” at the 62nd Symposium on “Biological Regulation and Enzyme Activity in Normal and Neoplastic Tissues” at the Academy of Sciences and University of Bologna in Italy on October 3 5. She also chaired a session on “Signaling Pathways in Diseases.”



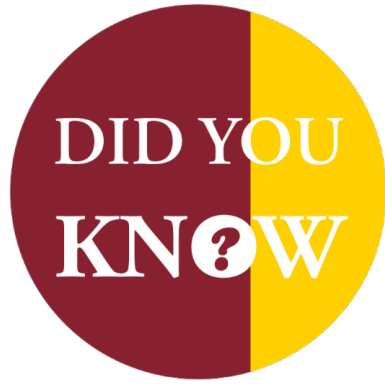
Padmini Murthy, M.D., M.P.H., M.S., M.Phil., CHES, professor of public health and global health director, and **Amy Ansehl, M.S.N., D.N.P., FNP-BC**, associate dean for student experience and associate professor of public health, presented “Addressing Poverty by Promoting Health and Well Being,” at a virtual international conference, “Breaking the Cycle of Poverty: Challenges and Way Forward. The conference, presented by Kristu Jayanti College, Autonomous, the designated United Nations Academic Impact Hub for the Sustainable Development Goal 1, no poverty, commemorated the International Day for the Eradication of Poverty on October 17 and was attended by more than 650 participants.



TIP OF THE WEEK

From the Department of Physical Therapy: In recognition of October being designated as National Physical Therapy Month, the Doctor of Physical Therapy Class of 2023 and Sonia Gawronski, P.T., D.P.T., GCS, CEEAA, assistant professor of physical therapy, remind you that physical activity reduces anxiety and enables normal growth and development in children while improving overall health and risk of chronic disease in adults. Being active can also enhance your sleep cycle, decrease resting heart rate and increase muscle strength. Long term health benefits of physical activity can improve bone health, balance and coordination, reduce risk of developing dementia and depression.





The late Harold T. Fuerst, M.D., who served on the NYMC faculty in the former Department of Preventive Medicine, Public Health and Industrial Hygiene, and later served as assistant commissioner in the New York City Department of Health and director of the Bureau of Preventable Diseases, administered the Salk polio vaccine to 21-year-old Elvis Presley backstage at CBS Studio 50 before an airing of *The Ed Sullivan Show* on October 28, 1956.

EVENTS ON THE NYMC CALENDAR

DATE	TIME	EVENT
Tuesday, October 26	12:15 p.m.	Department of Psychiatry and Behavioral Sciences Grand Rounds
Wednesday, October 27	8:30 a.m.	Department of Surgery Grand Rounds
	8:30 a.m.	Department of Neurosurgery Grand Rounds
	2:00 p.m.	Department of Neurology Grand Rounds
	5:30 p.m.	The Office of Student Mental Health and Wellness and the Office of Academic Support Talk
	6:00 p.m.	NYMC Founder's Dinner

Add an event here to the NYMC calendar.

[Visit \[nymc.edu/calendar\]\(https://nymc.edu/calendar\) to view all events.](https://nymc.edu/calendar)

HIGHLIGHTS



NYMC Founder's Dinner

Wednesday, October 27, 2021 | 6:00 p.m.

Marina Del Rey, Throgs Neck, NY

The Founder's Dinner is our signature, annual fundraising event where academic, health care, business and community leaders, come together to celebrate NYMC's proud history and promising future and to honor distinguished community leaders for their impactful and transformative achievements. Funds raised from the 2021 Founder's Dinner will contribute to our success in educating the next generation of physicians and health care providers, and conducting life-saving biomedical research.



The Seasonal Flu Vaccine is Now Available at NYMC

The Family Health Center has the regular vaccine dose and the high dose for seniors. Faculty and staff can contact the Family Health Center at (914) 828-0435 to make an appointment, although walk-ins are welcome. Students can contact Health Services at (914) 594-4234 to schedule an appointment.



NYMC Free Community Food Pantry

The [NYMC Free Community Food Pantry](#), located outside of the Alumni House at 20 Sunshine Cottage Road, is stocked with non-perishable food items and other items donated by the NYMC community.

NYMC Family Health Center offers virtual visits.

Call today to schedule your appointment: 914-828-0435



Yoga Class for Faculty and Staff

Virtual yoga class led by certified yoga instructor Mary Butler-Fink.

Mondays | 5:30 p.m. | [Zoom](#)
Meeting ID: 489 054 8060; Password: YOGA
One tap mobile +19292056099 (for dial in)

IN THE NEWS

New York Medical College News

[NY Medical College receives state grant for Center for Disaster Medicine](#)

Westchester and Fairfield County Business Journal - 10/19/2021

David S. Markenson, M.D., M.B.A., medical director, Center for Disaster Medicine
Salomon Amar, D.D.S., Ph.D., vice president for research, NYMC, and senior vice president for research affairs, Touro College and University System
Robert W. Amler, M.D., M.B.A., vice president of government affairs and dean of the School of Health Sciences and Practice
Renee Garrick, M.D., vice dean and chief medical officer for Westchester Medical Center and professor of clinical medicine
Ronnie Myers, D.D.S., dean of TCDM

[NYMC Center of Excellence in Precision Responses to Bioterrorism and Disasters Receives \\$250,000 in Funding](#)

River Journal - 10/18/2021

David S. Markenson, M.D., M.B.A., medical director, Center for Disaster Medicine
Salomon Amar, D.D.S., Ph.D., vice president for research, NYMC, and senior vice president for research affairs, Touro College and University System
Robert W. Amler, M.D., M.B.A., vice president of government affairs and dean of the School of Health Sciences and Practice

Faculty News

[Your Guide To Getting Health Insurance Quotes](#)

Forbes - 10/20/2021

Adam E. Block, Ph.D., assistant professor of public health in the Division of Health Policy and Management

[International Day for the Eradication of Poverty observed in Kristu Jayanti College](#)

IBC World News - 10/18/2021

Padmini Murthy, M.D., M.P.H., M.S., M.Phil., CHES, professor of public health and global health director
Amy Ansehl, M.S.N., D.N.P., FNP-BC, associate professor of public health and associate dean for student experience

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