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InTouch October 11, 2021

New York Medical College

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InTouch

a publication for the New York Medical College community

Week of October 11, 2021



NEWS



GSBMS Hosts Inaugural Ph.D. Lab Coat Ceremony

Students with their families and faculty gathered in the John W. Nevins, M.D. '44, Auditorium as the Graduate School of Basic Medical Sciences (GSBMS) began an exciting new tradition on October 1, with the inaugural Lab Coat Ceremony for Ph.D. candidates. The event witnessed first-, second-, and third-year Ph.D. candidates ceremoniously don their lab coats with their family, friends and mentors in attendance for the milestone. [Read the full article and view the photo gallery.](#)

Join NYMC at the Founder's Dinner

NYMC's signature fundraising event will be an evening to celebrate members of the NYMC community and raise money for student scholarships on Wednesday, October 27, at Marina Del Rey in Throgs Neck, New York. Proof of COVID-19 vaccination is required for all guests and social distancing will be practiced. [Read the full article on the 2021 Founder's Dinner.](#)



Garden Club Hosts Reopening of Lisa Qian, M.D. '18, Memorial Garden

The NYMC Garden Club revitalized the Lisa Qian, M.D. '18, Memorial Garden, creating a new sitting area complete with a stone patio. Several club members worked over the course of five days to provide the new look to the garden, which was celebrated at a grand reopening on the sunny afternoon of September 26. [Read the full article and view the photos gallery.](#)

NYMC Honored at Doctors of Distinction Virtual Awards Ceremony

Five members of the NYMC community were among the recipients of the 2021

Doctors of Distinction Awards sponsored by Westfair Communications. This year's [recognition celebration was a virtual one](#) on September 24, honoring medical professionals for their contributions to health care and medicine in Westchester and Fairfield Counties. Karen M. Murray, M.D. '99, associate dean for SOM admissions and associate professor of obstetrics and gynecology, and Lauren S. Bader, M.D. '12, G.M.E. '15, were honored with Caring for All Awards; Elaine Healy, M.D., clinical assistant professor of medicine, was recognized with a Lifetime Achievement Award; Sudhir Vaidya, M.D., clinical associate professor of family and community medicine, received a No Land Too Far Award; and the Promise for the Future Award was presented to Mathias E. Palmer, M.D. '21.



SMHW Offers a Myriad of Mental Health Resources for NYMC Students

The Office of Student Mental Health and Wellness (SMHW) recently recognized Mental Illness Awareness Week during the week of October 4, offering daily informative and supportive messages to students. Mental Illness Awareness Week is dedicated to providing information on different types of mental health conditions and de-stigmatizing mental illness. The SMHW's daily messages offered tips on how to take mental breaks and exercises for students to put their thoughts into writing as well as social media posts about mental illness and symptoms. [Read more about the SMHW and the services they offer](#), as told by Robin Hershkowitz, LCSW-R, director of SMHW and assistant professor of psychiatry.

Fifteenth Symposium in the COVID-19 Series Set for October 14

NYMC and the Touro College and University System (TCUS) will continue its symposium series on COVID-19 with a webinar on October 14 at 1:00 p.m. A panel of faculty experts will share the latest COVID-19 updates on brain fog, vaccinations for children, radiation therapy for COVID-19 pneumonia, the Molnupiravir oral capsule, the nursing situation in the U.S., and balancing individual rights to personal liberty and the community's right to maximize safety. Questions may be submitted to Covid19updates@touro.edu. Continuing Medical Education credits are available. [Read more and register for the fifteenth COVID-19 symposium.](#)



Doc's Café Reopens

Doc's Café in the Basis Sciences Building is now reopened with a hot and cold menu and with safety protocols in place. Masks are required except while eating sitting at a table and social distancing is required. A [new online service](#) is now available for those who wish to order their food in advance, pre-pay and pick it up in Doc's Café. After scanning the QR code (on the left), select the items to be ordered, add any comments or changes, select a time to be picked up and submit payment. The hours of operation are Monday through Friday from 7:00 a.m. to 2:00 p.m. "We are

pleased to welcome the NYMC community back to Doc's Café and thank you for your patience while we developed a safe reopening plan," said Vilma E. Bordonaro, M.B.A., chief of staff.

Chancellor Halperin Shares His Thoughts on Vaccine Mandates

Edward C. Halperin, M.D., M.A., chancellor and chief executive officer, shared his thoughts on COVID-19 vaccine mandates and the parallel to George Washington's order to inoculate the Continental Army against smallpox in an opinion piece, "[Are vaccine mandates un-American? Ask the father of our country.](#)" published in *The Hill* on October 5, 2021.



ACCOLADES



Felipe C. Cabello, M.D., professor emeritus of pathology, microbiology and immunology, presented a virtual lecture to students of the Universidad Cayetano Heredia in Lima, Peru, in June, by invitation of the International Federation of Medical Students' Associations (Standing Committee on Public Health) and the International Veterinary Students' Association. He presented "Antimicrobial Resistance and One Health."



Thomas Diflo, M.D., FACS, professor of surgery, was appointed chair of the Agency for Healthcare Research and Quality/Healthcare Safety and Quality Improvement Research (AHRQ/HSQR) study section.



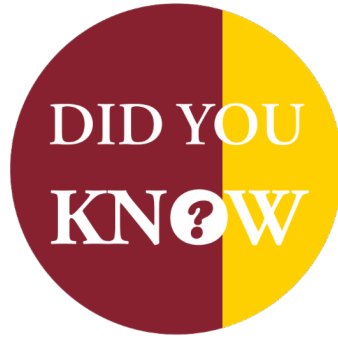
Padmini Murthy, M.D., M.P.H., M.S., FRSPH CHES, professor of public health and global health director, who serves as secretary general of the Medical Women's International Association (MWIA)/Global Health American Medical Women's Association (AMWA) was presented with an award of appreciation for delivering the Central Asia Regional Conference (CARC)/MWIA Guest Lecture on physician leadership in September in recognition of her grassroots efforts to promote women's health. The theme of the conference focused on enhancing medical skills, eliminating noncommunicable diseases, empowering women, environmental safety and eliminating domestic violence.

TIP OF THE WEEK



From the Health Sciences Library: If you are working in a project but cannot find what you need in the library's collection, the interlibrary loan service may be your solution. It is fast and free for New York Medical College users. [Read more about interlibrary loans and set up an account.](#)

DID YOU KNOW



The 60 Minutes story, "[Inside an American Containment Zone](#)," aired on CBS on March 15, 2021, featuring Sherlita Amler, M.D., M.S., clinical associate professor of pediatrics, adjunct professor of public health and senior fellow in the Center for Disaster Medicine, won an Emmy Award for [Outstanding Coverage of Breaking News Story in a Newsmagazine](#), at the 42nd News and Documentary Emmys® on September 28, 2021.

EVENTS ON THE NYMC CALENDAR

DATE	TIME	EVENT
Wednesday, October 13	8:30 a.m.	Department of Surgery Grand Rounds
	11:00 a.m.	Department of Pharmacology Research Seminar
	11:00 a.m.	NYMC CDM Press Conference
Thursday, October 14	10:30 a.m.	NYMC Blood Drive
Friday, October 15	10:00 a.m.	Department of Pharmacology Dissertation Defense
Monday, October 18	12:00 p.m.	Department of Physiology Research Seminar
Tuesday, October 19	12:00 p.m.	Department of Rehabilitation Medicine Grand Rounds
	5:00 p.m.	Center for Long-Term Care Webinar
Wednesday, October 20	6:45 a.m.	Department of Anesthesiology Grand Rounds
	8:30 a.m.	Department of Surgery Grand Rounds

Add an event here to the NYMC calendar.

[Visit nymc.edu/calendar](https://www.nymc.edu/calendar) to view all events.

HIGHLIGHTS



NYMC Founder's Dinner

Wednesday, October 27, 2021 | 6:00 p.m.

Marina Del Rey, Throgs Neck, NY

The Founder's Dinner is our signature, annual fundraising event where academic, health care, business and community leaders, come together to celebrate NYMC's proud history and promising future and to honor distinguished community leaders for their impactful and transformative achievements. Funds raised from the 2021 Founder's Dinner will contribute to our success in educating the next generation of physicians and health care providers, and conducting life-saving biomedical research.



The Seasonal Flu Vaccine is Now Available at NYMC

The Family Health Center has the regular vaccine dose and the high dose for seniors. Faculty and staff can contact the Family Health Center at (914) 828-0435 to make an appointment, although walk-ins are welcome. Students can contact Health Services at (914) 594-4234 to schedule an appointment.



NYMC Free Community Food Pantry

The [NYMC Free Community Food Pantry](#), located outside of the Alumni House at 20 Sunshine Cottage Road, is stocked with non-perishable food items and other items donated by the NYMC community.



Yoga Class for Faculty and Staff

Virtual yoga class led by certified yoga instructor Mary Butler-Fink.

Mondays | 5:30 p.m. | [Zoom](#)

Meeting ID: 489 054 8060; Password: YOGA

One tap mobile +19292056099 (for dial in)

IN THE NEWS

New York Medical College Leadership News

[Are vaccine mandates un-American? Ask the father of our country](#)

The Hill - 10/5/2021

Edward C. Halperin, M.D., M.A., chancellor and chief executive officer

[Investiture to Celebrate Dr. Gregory Postel as UToledo's 18th President Oct. 8](#)

The University of Toledo News - 10/4/2021

Edward C. Halperin, M.D., M.A., chancellor and chief executive officer

[600 Unvaccinated United Employees At Risk Of Losing Jobs](#)

Simple Flying - 9/29/2021

Robert W. Amler, M.D., M.B.A., dean of the School of Health Sciences and Practice and vice president of government affairs

['I Haven't Gotten COVID Yet' Isn't a Good Reason to Skip the Vax](#)

Vice - 9/21/2021

Robert W. Amler, M.D., M.B.A., dean of the School of Health Sciences and Practice and vice president of government affairs

New York Medical College News

[Doctors of Distinction 2021](#)

Fairfield and Westchester Counties Business Journal - 9/27/2021

Karen M. Murray, M.D. '99, associate dean for SOM admissions and associate professor of obstetrics and gynecology

Lauren S. Bader, M.D. '12, G.M.E. '15

Elaine Healy, M.D., clinical assistant professor of medicine

Sudhir Vaidya, M.D., clinical associate

professor of family and community medicine

Mathias E. Palmer, M.D. '21

[Doctors of Distinction 2021](#)

WAG Magazine - 9/27/2021

Karen M. Murray, M.D. '99, associate dean for SOM admissions and associate professor of obstetrics and gynecology

Lauren S. Bader, M.D. '12, G.M.E. '15

Elaine Healy, M.D., clinical assistant professor of medicine

Sudhir Vaidya, M.D., clinical associate

professor of family and community medicine

Mathias E. Palmer, M.D. '21

Faculty News

[COVID-19 Crisis and Mental Health Challenges Among Youth: An Opinion Piece](#)

United Nations - October 2021

Padmini Murthy, M.D., M.P.H., M.S., M.Phil., CHES, professor of public health and global health director and clinical assistant professor of family and community medicine

Amy Ansehl, M.S.N., D.N.P., FNP-BC, assistant dean, associate professor of public health practice, executive director of the Partnership for a Healthy Population and assistant professor of family and community medicine

[Westchester County Government: County Executive George Latimer Launches Safe Sleep Campaign During Sudden Unexpected Infant Death](#)

Patch - 10/5/2021

Sherlita Amler, M.D., M.S., clinical associate professor of pediatrics, adjunct professor of public health and senior fellow in the Center for Disaster Medicine
Westchester Institute for Human Development

[Sports Round-Up Oct. 9](#)

The Tablet - 10/5/2021

Mitchell S. Cairo, M.D., professor of pediatrics, medicine, pathology, microbiology and immunology, and cell biology and anatomy

[Open Door Brings Covid-19 Outreach Into Local Communities](#)

Yorktown's HamletHUB - 9/30/2021

[Can you get a flu shot and the COVID-19 vaccine at the same time?](#)

News 12 Westchester - 9/23/2021

Neil W. Schluger, M.D., the Barbara and William Rosenthal Chair of the Department of Medicine

[AHA News: Clot-Removing Procedure Appears Safe for Pregnant Stroke Patients](#)

U.S. News and World Report - 9/20/2021

Fawaz Al-Mufti, M.D., assistant professor of neurology, radiology and neurosurgery

[Recordando la importancia de la preparación en el Mes de la Herencia Hispana](#)

El Diariony - 9/20/2021

George W. Contreras, M.E.P., M.P.H., M.S., CEM, FAcEM, assistant director of the Center for Disaster Medicine and assistant professor in the Institute of Public Health

[¿Cómo sobrevive un héroe hispano que dio todo por NYC?](#)

NY1 Noticias - 9/19/2021

George W. Contreras, M.E.P., M.P.H., M.S., CEM, FAcEM, assistant director of the Center for Disaster Medicine and assistant professor in the Institute of Public Health

[Seeing His Patients Through](#)

WAG Magazine - September 2021

Gary Rogg, M.D., assistant professor of medicine

Leanne M. Forman, M.D., associate professor of medicine

[NYMC and WMC Appoint Tracey Milligan, M.D. head of neurology.](#)

Patch - 9/30/2021

Tracey A. Milligan, M.D., M.S., FAAN, FANA, chair of the Department of Neurology

[8-Year-Old Sickle Cell Ambassador](#)

NBC 4 New York - 9/28/2021

Mitchell S. Cairo, M.D., professor of pediatrics, medicine, pathology, microbiology and immunology, and cell biology and anatomy

[La importancia de la preparación: del 11 de septiembre de 2001, al COVID-19 y a los huracanes](#)

Zona Tes - September 2021

George W. Contreras, M.E.P., M.P.H., M.S., CEM, FAcEM, assistant director of the Center for Disaster Medicine and assistant professor in the Institute of Public Health

Alumni News

[16 Medical Schools That Trained Famous Doctors \(slide 17\)](#)

U.S. News and World Report - 10/6/2021

Jane Cooke Wright, M.D. '45, served as associate dean at NYMC from 1967 to 1975.

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