



1-1940

## Quarterly of the Alumni Association of the New York Medical College Vol. 1 No. 4

New York Medical College

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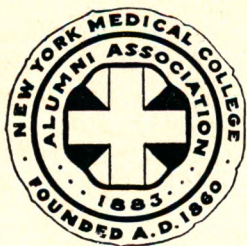
# QUARTERLY

JANUARY

1940

Vol. 1

No. 4



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QUARTERLY  
OF THE  
ALUMNI ASSOCIATION  
OF THE  
NEW YORK MEDICAL COLLEGE

Vol. 1

January, 1940

No. 4

INTRODUCING SOME OF OUR FACULTY  
TO THE ALUMNI



**Conrad Engerud Tharaldsen,  
B.S., M.A., Ph.D.**

*Professor and Head of the Department of Anatomy*

*Born:* Battle Lake, Minnesota. *Parents:* Iver and Caroline Amelia (engerud) Tharaldsen. *B. S. degree:* St. Olaf College. *M. A. degree:* Columbia University. *Ph.D. degree:* Columbia University. *Specialty,* Anatomy. *Postgraduate studies also pursued at* Harvard University, Wisconsin University, Marine Biological Laboratory at Woods Hole, Mass., U. S. Fisheries Biological Laboratories at Beaufort, North Carolina. *Married,* Ethel Margaret Smith of Chicago. *Children,* Margaret Emelia and Constance Ethel. *Teaching Experience:* Teacher of Biology, State

Teacher's College, North Dakota. *Instructor,* Columbia University. *Assistant Professor, Associate Professor and Acting Head of Department,* Northwestern University. *Professor and Head of Department,* New York Medical College. *Member of following Learned Societies:* Sigma Xi, American Association of Anatomists, Fellow of New York Academy of Science, Fellow of Amer. Assoc. for Advancement of Science, Society of Experimental Biology and Medicine, Honorary Member and President of Academy of Pathological Science. *Research Field:* Cytology and Experimental Embryology. *Published* aside from thirty-two papers, two books in four editions of Guide to Human Anatomy.

**Dr. William Youland**

*Professor and Head of the Department of Pathology*

Dr. Youland entered the study of medicine from Bowdoin College graduating from McGill Medical School in 1910. After a year's internship, he spent two years at Bellevue Hospital as pathological interne and fellow in pathology. After a year in the Bureau of Laboratories of the New York City Department of Health as research bacteriologist, Dr. Youland became Laboratory Diagnostician in the Bureau of Laboratories and Research of the New York State Department of Health from 1914 to 1920. During this period he was in charge of the laboratory service of B. H. No. 116 with the A. E. F. for eighteen months. After a year as pathologist to the medical service of the P. & S. division of Bellevue Hospital, Dr. Youland became instructor in Bacteriology in the New York Medical College, followed, in 1922, by appointment as Professor and Head of the Department of Pathology which he now holds.



## ANOTHER VISIT TO THE NEW COLLEGE BUILDING

BY AN OLD ALUMNUS

After having visited the Department of Anatomy described in the last issue of the Quarterly, I thought that for my next visit I should like to see the Departments of Physiology and Biochemistry. After making my mission known, I was fortunate in having Dr. Helen Coombs accompany me, and describing all the high spots of these departments.

The departments of Physiology and Biochemistry occupy the entire third floor of the new College building. There are two large laboratories, one for Physiology and one for Biochemistry. We first entered the physiology laboratory. Dr. Coombs explained that there were eighteen tables, each for four students, and that additional benches were located under the windows for colorimetric and microscopic work. At one side of the room are scrub sinks, and opposite is a small room which contains hoods with bunsen burners and long rods for the smoking, shellacking and drying of tracings. At the west end of the laboratory, a door to the stock room affords a passage to the chemistry laboratory, so that one technician may conveniently dispense apparatus to both physiology and chemistry laboratories. At the east of the laboratory a door opens into the shop where "Willie" Appledorn, who has been with us for over ten years, presides. This shop is modern in every respect. It is equipped with a milling machine, a large precision lathe, a band saw, and much other machinery of a highly technical nature, the activities of which result in apparatus for the various departments.

The north wing of the floor is occupied by four departmental offices, where Dr. Cope, Dr. Kleiner and Drs. Coombs and Dotti are to be found when not in the laboratory. Going west, or hospitalward, on the main corridor, we came to a room devoted to research of various kinds, and where a number of projects, including research by the graduate students were going forward. Next to this room

is the assistants' room, where they will be found making up solutions when not in the laboratory.

Walking down the main corridor, we came into the large Biochemistry laboratory. Dr. Coombs explained that the laboratory is equipped for forty students, or one-half of the class in a section, and that since the room is large, there is no congestion, and the students work quietly and cheerfully. The laboratory benches and hoods are made of acid-resisting metal with soapstone tops. There is a steam-bath room, so that evaporation for work involving organic solvents can take place in an atmosphere free from flame. There is an electric incubator for the work on digestion, and off the main room is a laboratory for optical work and student analytical balances. The laboratory is well protected against fire. Not only are the standard fire extinguishers seen, but two shower-baths, one at either side of the room, which I was told furnish a great temptation to the student to "pull the handle and see what will happen."

I then asked Dr. Coombs about the staff of the two departments. She advised that it consisted of two professors, two assistant professors, two part-time assistants, one mechanic assistant and one porter. She also stated that as Physiology and Biochemistry are taught continuously throughout the year, it is apparent that everyone is fully occupied with teaching, but in spite of the lack of time, a surprising amount of research is accomplished both by the staff and by qualified students who are encouraged to "come in and talk it over" and then "get to work" on a research problem.

After having been through these two departments, for which I thanked Dr. Coombs very kindly, I was very much enthused and gratified to learn of the wonderful improvements which are being made for the study of medicine. When time will allow, I certainly wish to visit another of the remaining departments.

## THE PRESIDENT'S MESSAGE

### FELLOW ALUMNI:

Through the courtesy of our Editor I have been accorded the privilege of giving you a message in each issue of the Quarterly. Possibly this may be due to the word that appeared in the October number regarding opportunity for graduate study in the College and the auspicious beginning which has been made this year.

It may be of interest to some of you to learn of the start already made in the use of the new building. I think few of us realized the full extent to which the new building might contribute to the many activities of the College. Permit me to suggest just a few of the functions which have been enjoyed, even in this short time, as a result of College, Hospital and Clinic being in one unit.

I should like to tell you about the uses made of the Auditorium in the short space of four months. First of all, some of you may not know that inclusion of the Auditorium in the new building was left until the last minute, when the Trustees, after much serious planning, found it possible to add the north wing in which the Auditorium is placed. Its location is ideal, in that it is accessible directly from the street through the attractive terraced approach to the College building, and also it is in immediate access to the College offices and Lobby, the latter being the real beauty spot of the new building.

As has been previously stated, the interior of the Auditorium is so arranged as to make it available for use in formal meetings and by scientific discussion groups. In the short time the College building has been open, neighborhood lay groups, students, nurses, alumni, and many others to whom the College may contribute, have found this a most valuable unit.

Let us review some of the meetings which have been held in the Auditorium thus far during the college year. As would be expected, the first gathering was of the faculty and student body at the formal opening of the college session. The satisfaction evidenced on this one occasion alone would warrant the expenditure for its construction.

Then followed the first meeting of the County Society, at which a special program was presented, including addresses, sound motion pictures, and the usual discussions. It was not surprising that this was one of the largest meetings of the Society, in point of attendance, in many years.

Until recently the regular monthly meetings of the combined medical staffs of the Flower-Fifth Avenue Hospital and the Metropolitan Hospital have been held alternately in the two institutions. The accessibility and advantages of the Auditorium have made it apparent, from the first, that it is desirable to hold all of the meetings there, and the College is, of course, happy to make this possible.

You have already noted a variety of uses to which the fine assembly room may be employed. A meeting of the District Nurses Association was held in the Auditorium, at which our own School of Nursing acted as host. Opportunity was presented for members of our Faculty to give demonstrations and addresses.

Then came the Annual Graduate Fort-night program sponsored by the New York Academy of Medicine and in which a number of the important hospitals in New York have a part. At that meeting the Auditorium was crowded to its capacity, with guest speakers from McGill and Yale Universities along with members of our own Faculty.

I now mention the student activities which find place in such a beautiful Auditorium and Lobby. I have seen as many as two hundred young men and women at an informal reception and dance, creating a charming atmosphere of color and gayety on the entire first floor of the College building.

Let me call your attention to another activity in which the College has a responsibility and to which the Auditorium lends itself so satisfactorily. I refer to a meeting sponsored by the City Department of Health through the East Harlem Health Center. This was prepared for Spanish-speaking people—of whom there

The President's Message, continued  
are about 30,000 in this community—  
and the subject was "Child Health  
During the First Year of Life."

Another very important group of the  
institution, the Women's Auxiliary, has  
found the Auditorium very useful. A  
short time ago a Sunday evening was  
given over to a concert at which one of  
the prominent Metropolitan Opera  
singers was the artist. This was followed  
by a reception and tea in the Lobby of  
the College.

The climax of usefulness for the Aud-  
itorium came with the formal Exercises  
of Dedication of the new building, held  
December 12, 1939. You have all re-  
ceived the report of this meeting. I want  
you to catch the full import of the pre-  
sence of representatives of some thirty-  
five colleges and universities as guests  
of our College, whom we were privileged  
to welcome to our new building. With an  
academic procession including speakers,  
trustees, faculty and distinguished guests,  
a day was provided that will long be  
remembered by those who were privi-  
leged to attend.

CLAUDE A. BURRETT, M.D., Pres.

## Re: Dedication Exercises

The dedication ceremonies of the new  
College have been admirably described  
in the College Bulletin, a copy of which  
has been sent to each alumnus. For this  
reason we feel that a description of the  
ceremonies would be superfluous, and  
therefore have not given it any space.

### A MOTHER SAVER

There is never a time when physical  
tasks seem more difficult - more to be  
avoided, then when a new mother returns  
to her home from the hospital, and is faced  
with a complete re-adjustment with the  
new baby. Naturally, she wants her baby  
to have the finest care and often this is  
achieved at the expense of her own  
strength.

General Diaper sterilizing specialists  
now offer a service which overcomes all  
these difficulties. Sterilized diapers, safely  
sealed, are delivered to your home twice  
a week. A deodorizing nursery container  
is furnished, and the collection problem is  
developed to a hospital standard of perfec-  
tion. The cost is low, and advantages in  
health protection are great. But perhaps  
the chief advantage of diaper service is  
that it allows mother freedom from work  
and worry and provides baby with a luxuri-  
ous supply of clean, fresh, dry diapers to  
keep him well and happy.



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F. W. Seward, M.D., Dir.; F. T. Seward, M.D., Res. Phys.; C. A. Potter, M.D., Res. Phys.

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\*Supplied only on the 50 c.c. size;  
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Remove both top and side caps. Wipe dropper tip. Place forefinger firmly over top opening and regulate rate of flow by varying the degree of pressure. Oleum Percomorphum is best measured into the child's tomato juice. This is just as convenient and much safer than dropping the oil directly into the baby's mouth, a practice which may provoke a coughing spasm.



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## In Memoriam

- BEALS, Morell B., New York City, Class of 1892.  
Died December 5, 1939 of Coronary Occlusion. Aged 68.
- BENNETT, William H. Fitchburg, Mass. Class of 1889.  
Died August 3, 1939 of Arteriosclerosis Aged 75.
- DATESMAN, Hiram Ferdinand, Passaic, N. J. Class of 1899.  
Died at the Passaic Private Hospital, on January 31, 1940. He would have been eighty-nine years old next Sunday. He was member emeritus of the staff of St. Mary's Hospital, Passaic. Before studying medicine he was with the Standard Oil Company. Surviving are two daughters and a sister.
- GINNEVAR, Arthur, New Rochelle, N.Y. Class of 1901.  
Died in the Memorial Hospital, Nassamatox, Va. on Sunday, January 30, 1940 of injuries suffered in an automobile accident, while en route to his winter home in West Palm Beach, Florida. His wife, who accompanied him, was slightly injured in the accident. Besides his wife, a daughter survives.
- HINMAN, Clarke E., Syracuse, N. Y. Class of 1895.  
Died August 27, 1939. Aged 80.
- HITCHCOCK, Emerson W., Auburn, N. Y. Class of 1890  
Died June 26, 1939 of Angina Pectoris, Nephritis and Chronic Myocarditis. Aged 76.
- JENKS, Frank R. Conimcut, R. I. Class of 1891.  
(No details available.)
- LEACH, Albert E., Mount Morris, N. Y. Class of 1891.  
Died September 8, 1939 in the Wyoming County Community Hospital, Warsaw, Wyoming, of Coronary Thrombosis. Aged 73.
- LOUNSBERY, George, Huntington, W. Va. Class of 1878.  
Died October 13, 1939 of pneumonia. Aged 85. Dr. Lounsbury was a member of the first board of examiners for West Va. physicians.
- MILLS, Eugene F., Brooklyn, N.Y. Class of 1903.  
Died July 2, 1938.
- PARDEE, M. Clifford, Brooklyn, N. Y. Class of 1899.  
Died October 25, 1939 of osteomyelitis of the jaw bone and carcinoma of the mouth. Aged 71.
- POWELSON, Arthur Palen, Middletown, N. Y. Class of 1894.  
Died November 10, 1939 at the age of 68.
- ROBINSON, Nathaniel, Brooklyn, N. Y. Class of 1885.  
Died December 13, 1939 after an illness of one week. Dr. Robinson Practiced for over 50 years in Brooklyn. His wife and a son survive.
- SNYDER, William Hasbrouck, Newburgh, N. Y. Class of 1895.  
The same year he started practice in Newburgh. He was a past president of the Orange Co. Medical Society. He died of a heart attack while on a visit to relatives at Rutherford, N. J. Aged 66. Surviving are his widow, son, grandson, and a sister.
- WHITMARSH, Henry Allen, Providence, R. I. Class of 1879.  
Died December 2, 1939, at his home. He was 85 and was in retirement for 11 years. He was recognized as the Dean of Rhode Island Homeopaths. He was graduated from Brown University in 1876 and obtained his medical training at the Columbia Medical College, and the New York Medical College. He began practice in 1879, but in 1884 went abroad and served two years in the Vienna General Hospital. Surviving are his widow and two daughters.
- ZENTNER, Maurice R., Trenton, N. J. Class of 1932.  
Died October 30th 1939 at the University Hospital, Philadelphia, Pa. Aged 33.



## PERSONALS

Please send personal items to the News Editor, 1 East 105th Street, N. Y. C.

After fifty years of active medical practice, E. Elmer Keeler, '86, has declared a permanent vacation. With Mrs. Keeler, Dr. Keeler made a trailer tour of 35 states and has finally settled at 3545 36th St., San Diego, Calif.

Henry Krogstad, '89, has recovered from a siege of illness confining him to Flower Hospital. After retirement from practice ten years ago, Dr. Krogstad spent much of his time visiting the various European countries and Egypt. He writes us that it no longer is necessary for our graduates to take postgraduate studies abroad. Ives, Nathaniel H. '95, recently went under an operation at the Mount Vernon Hospital. We sincerely hope Dr. Ives has a speedy recovery.

Thomas D. Buchanan, '97, and Samuel B. Moore, '01, after recent attacks of illness, are both back on the job and looking well and fit.

Anson H. Bingham, '00, has been made a Diplomat of the American Board of Orthopedic Surgery.

Roy Upham, '01, and Arthur B. Van Loon, '92, are members of the Medical Grievance Committee of the State of New York.

Griswold, Jeremiah V. W. '22. - The former president of the Homeopathic Medical Society of the County of New York, former treasurer of the Alumni Ass'n., and instructor of Pediatrics at New York Medical College for many years, on January 21st, while on his way to answer a call, was struck by an automobile. He is confined to the Knickerbocker Hospital at the present time with two fractured legs. We are glad to report that he is resting comfortably. We hope that he will be able, in the very near future, to return to his practice.

Charles B. Huber, '29, formerly on the staff of the Middletown State Hospital, has been appointed Head of the Psychiatric Division, Veterans' Administration Facility, Aspinwall, Penna.

"Men of science without laboratories are as soldiers without arms."-Pasteur

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## PERSONALS, Continued

Henry Greenberg, '30, is the father of a second daughter born Sept., 29, 1939.

A seven pound ten ounce baby girl is the new addition to the family of Walter F. Schmidt, also of '30.

Henry K. Bobroff, '30, is Agency Physician in charge of health activities at the Fort Berthold Indian Reservation, North Dakota.

Thomas V. B. Re', '34, having completed residencies in pediatrics at Cumberland and Kingston Avenue Hospitals, is now located at 420 50th St., Brooklyn.

We have heard in a very generous manner concerning our Quarterly from Leon La Monica, '34, who is located in Cleveland, Ohio.

Dominick Di Tata, '35, writes us that he is with the Veterans' Bureau, U.S. Public Health Service, at Asheville, No. Car.

Paul Ingrassia, '36, has been appointed to the staff of the Good Samaritan Hospital, Suffern, N. Y.

Joseph D. Cuono, '36, is on the Resident Staff at Sea View Hospital, Staten Island.

Edward L. Glynn, '36, of Richmond Hill, has received outpatient appointments in surgery at St. Mary's and Greenpoint Hospitals.

With the Veterans' Administration in Dayton, Ohio, is Roland D. Roecker, '36.

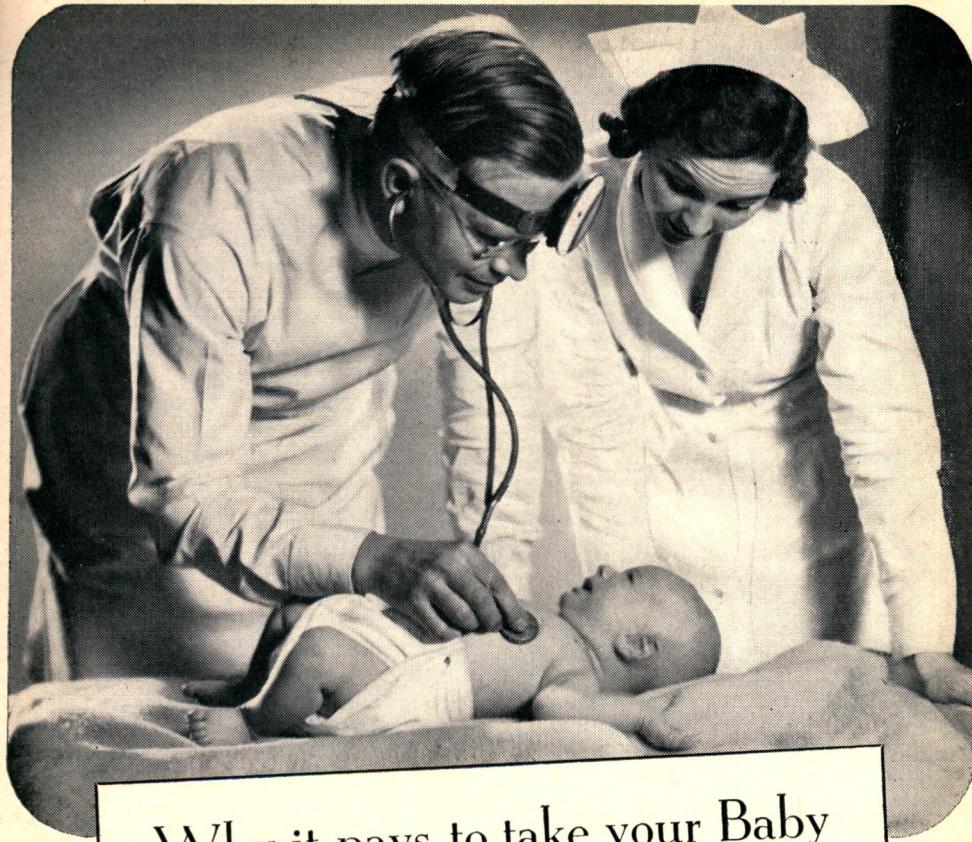
H. Morton Jacobson, '36, a recent addition to the Alumni Association, has been resident at the Bronx Eye and Ear Infirmary for the past year and a half.

Having completed his residency at Muhlenberg Hospital, Plainfield, N. J., A. J. Bambara, '37, has opened offices in Flemington, N. J.

Mortimer Mann, '37, is enrolled as a graduate student in Ophthalmology at the University of Pennsylvania Medical School.

Edmund Longworth, '37 has been married for several years, unknown to most of us until recently. Congratulations! The lucky lady is none other than the talented photographer, Florence Nason, who until recently was in charge of the Photographic Department of our College. She is now freelancing.

COMPLIMENTS OF  
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OF THE  
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## Why it pays to take your Baby to the Doctor once a Month

IT IS AN astonishing fact, yet nine out of ten mothers deliberately take chances with the health—even the life—of their child. Because the child *looks healthy*, they assume he *is* healthy . . . while just the opposite may be true.

Your little baby cannot tell you when he is in pain. Crying may not be a symptom. Only the experienced eye of a skilled doctor . . . judging your baby's total behavior over a period of time . . . can judge when things are wrong.

Hidden infection in the middle ear, for example, has few symptoms at the outset. Yet it is a common disease of infancy - and unless detected by your doctor, may cause serious, even fatal, trouble. The same is true of diet. Your baby may have an abundance of the best

food — yet at the same time he may actually lack vital elements necessary for the building of strong, sound bones and teeth.

It pays to take your baby to the doctor once a month — regardless of how well he seems to feel. Only by close, continued observation can many deviations be noticed, and the cause eradicated, before they lead to serious results.

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### Alumni Co-operation

Now that our new college has been dedicated, it might be timely to mention the part played by the alumni in maintaining our institution throughout its many years, as well as to-day.

Recent bequests to the college and hospital, obtained through the medium of two of our alumni, bring this fact rather forcibly to our attention. An anonymous gift of \$10,000, for research was donated through the efforts of Dr. Walter Gray Crump, '95, while Dr. Jeremiah T. Simonson, '91, was responsible for one-tenth of the residual estate of Van Leukenberg.

The Wendel bequest, which finally put our institution financially on its feet and enabled us to erect our long-needed new building, came to us almost entirely through the untiring labors of the late Dr. Wm. H. Dieffenbach, '00.

The history of our college is replete with constant calls on our alumni for aid, and these calls have always been heeded, as was witnessed not many years ago by the pledging of \$600,000 for an endowment at a time when it was vitally necessary.

A loyal alumni strengthens the pillars of an institution. We hope that this spirit of loyalty and co-operation on the part of our alumni will never be found lacking.

### A MESSAGE FROM THE DEAN

#### Notes on the Surgical Research Laboratory

The underlying principle of any surgical research laboratory is to provide facilities for anyone who would like to work on surgical ideas of his own. A common failing of investigators with new ideas is that these enthusiasts do not take sufficient trouble to check the literature on the problem which they are working on. Only too often does a man have a splendid idea, work upon it very diligently in the clinic, slave over it in the laboratory, and finally after much effort, write it up, - only to find out that his idea, which he thought was so original, had been described and worked out long before he was even in the mind of God. Apparently things are rediscovered about every forty years; sometimes this interval of time is much shorter.

On working on a problem, it is only too true that one hour spent in the library is equivalent to ten hours in the laboratory. The only person that I know of who would do the experimental work first and then look up the subject matter in the literature was the late Doctor John J. Abel, and the reason that he could successfully follow such an unorthodox course was because he was so familiar with the literature that he pretty well knew what was done in the field in which he was working.

The purpose of the surgical research laboratory in this college is thus to provide facilities for one who has a worth-while idea, who has looked up the literature thoroughly in the matter, and who is willing to adjust his time so that he can get the greatest benefit from the hours available to him in the laboratory. Progress in medicine comes not only from new ideas, but from the perseverance necessary to carry out, frequently in a very laborious and disheartening manner, the tedious work necessary to establish the value of the idea. Young investigators may be reminded of the statement attributed to Thomas A. Edison: "Invention is 1% inspiration and 99% perspiration." Thus, anyone is welcome to the laboratory who has the 1% inspiration providing he is satisfied to be called upon to put forth with equal enthusiasm the much greater amount of perspiration.

FERDINAND C. LEE, M.D., Dean

## LETTERS TO THE EDITOR

Copy of a letter received from  
 IRVING TOWNSEND, M.D.  
 153 Academy Street  
 Po'keepsie, N. Y.

My dear Doctor:

I joined the Alumni Association shortly after my graduation in 1887, at which time I became secretary of the class of '87. It might interest you to know that the College Library was started by the students in 1887. The committee that collected the first volumes and money for the purchase of a library table and chairs was composed of a representative of each class and Drs. Paul Allen, '89, E. C. Smith, '88 and myself. The room was in the N. Y. Ophthalmic Hospital Building, cor. 23rd St. and Third Avenue where the college leased the second and third floors for its lecture rooms and laboratories.

I would be glad to hear from any surviving members of the class of '87. Two years ago when our class was invited on its fiftieth anniversary to attend as guests of the College, only two were present, Dr. Carl Schumann, of Delhi, N. Y., and myself, and he has since died. When I retired I came here to the Pringle Home for Aged Professional Men and consider it an ideal spot to live out our remaining days. Only ten can be accommodated and there are several vacancies now which I hope might be taken by some of our older graduates who are ready to quit but may have no particular place to go. With best regards believe me,

Very sincerely yours,  
 Irving Townsend.

January 3, 1940

### Faculty Notes

Francis D. Speer, Pathologist, has just recovered from a mean infection of his left arm, resulting from a post-mortum. (from now on, Frank, wear gloves)

William E. Youland Professor of Pathology, is confined to bed with a fracture of the Fibula and Patella of his right leg, having been struck by a hit and run driver. We understand he is progressing satisfactorily.

A communication was received from Dr. William G. Herrmann, '16, of Asbury Park, N. J. This letter was sort of a heart-to-heart talk on Alumni matters, in which he stated "that the College and Alumni Association desired help from the graduates but rather tendered to ignore the individual". He also made several practical suggestions for the betterment of the association. They surely will be given our attention. Also, as further evidence of his good will, Dr. Herrmann enclosed a donation to the association.

The editor is also in receipt of a from Lt. Col. Albert G. Hulett, M.D. '12, who is president of the New Jersey Chapter of the Ass'n. of Military Surgeons of the U. S. While Col. Hulett's letter expressed dissatisfaction of "the present policy and conduct of the college" we appreciate the interest he shows in writing us on the subject.

(The editors are always eager to receive communications from Alumni, whether they are complimentary or critical, because either one indicates a genuine interest in Alma Mater.)

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## Medical Student's Club Y. M. C. A.

### STUDENT-ALUMNI NIGHT

On Friday, January 26th, the students of the College invited the Alumni to participate in an evening of play and dance. This was a return for the invitation extended by the Alumni to the students a year ago.

Before the dance, held in the College auditorium, there took place at the Heckscher Foundation a basketball game with the boys from Columbia Medical College. Excitement ran high, two extra 5-minute periods of play being necessary to see it through. P & S finally emerged with a scant margin of four point to the good.

After the game the boys joined in a social get-together at the dance, where some one hundred and fifty students, faculty members, alumni and nurses partook of the light fantastic.

The next such occasion will be on March 2nd, when we have as guests our friends from Hahnemann *Medical* College. Put a mark around this date, and watch for later news.

On January 27 the "Faculty Bowlers" bowled over the fourth year class pin artists. The younger generation did not give up without a fight, but experience told as the game progressed. Dr. Milton J. Wilson was high scorer of the day with a 216. The College uses the alleys of the Railroad Y. M. C. A.

Our next noon speaker will be Dr. Haven Emerson M. D., Professor of Public Health at Columbia Medical College. His theme will be "Looking Ahead in Medical Service."

Preliminary arrangements will be soon underway for the Annual Art Exhibit the New York Medical College, Flower and Fifth Avenue Hospitals. Watch for announcements.

The "noon hour meeting" hit a new high when on January 24th we had as our guest speaker Dr. Paul W. Harrison, who for thirty years has been practicing surgery in Arabia.

## Has Anybody Seen Art?

We're looking for Art! Not Art Toscanini, but Art Talent. If you have any art talent, whether it be of the Disney or Michelangelo type, dash off a little something, or if you have something on hand, send it to Room 401 of the College Building, 22 East 106th Street, N. Y. C., between March 11th and March 25th. The Exhibit will take place in the College Lounge from 10 a.m. to 8 p.m. on April 2, 3, 4, 5 and 7. At a Tea and Musical to be held on Sunday afternoon, April 7th, the judges will award prizes. Get in touch with the Medical Students Club, ("Y") in Room 401 at above address for full particulars. Phone, Lehigh 4-3300.

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**"Stone walls do not a prison make  
nor iron bars a cage."**

Winter is a jailer who shuts us all in from the fullest vitamin D value of sunlight. The baby becomes virtually a prisoner, in several senses: First of all, meteorologic observations prove that winter sunshine in most sections of the country averages 10 to 50 percent less than summer sunshine. Secondly, the quality of the available sunshine is inferior due to the shorter distance of the sun from the earth altering the angle of the sun's rays. Again, the hour of the day has an important bearing: At 8:30 A.M. there is an average loss of over 31%, and at 3:30 P.M., over 21%

Furthermore, at this season, the mother is likely to bundle her baby to keep it warm, shutting out the sun from Baby's skin; and in turning the carriage away from the wind, she may also turn the child's face away from the sun.

Moreover, as Dr. Alfred F. Hess has pointed out, "it has been determined whether the skin of individuals varies in its content of ergosterol" (synthesized by the sun's rays into vitamin D) "or, again, whether this factor is equally distributed throughout the surface of the body."

While neither Mead's Oleum Percomorphum nor Mead's Cod Liver Oil Fortified With Percomorph Liver Oil constitutes a substitute for sunshine, they do offer an effective, controllable supplement especially important because the only natural food-stuff that contains appreciable quantities of vitamin D is egg-yolk. Unlike winter sunshine, the vitamin D value of Mead's antiricketic products does not vary from day to day or from hour to hour.