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Is Knowledge Power?

Atara Schullhof
New York Medical College

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Is knowledge truly power?

I've been yearning for the day that I feel whole,
no longer torn apart by my uncertainty.

Years and years have gone by,
each passing with greater urgency.

I learned about your body intimately,
why I might not see you make it to my wedding.
I thought it would bring me comfort,
that I would know what to do instead of pretending.

I avoid looking you in the eye,
as you turn to me for advice.
I'm barely an adult myself,
and yet I refill the cup of white lies.

Truth? I might never make it to whole,
even when I'm taught all about it.
Lie? I know we'll survive,
I whisper when I should've shouted.

I've decided that knowledge is not power,
it does not help us heal our scars.
Knowledge is evidence,
of just how powerless we all are.

