Zinc Enhances Hippocampal Long-Term Potentiation at CA1 Synapses Through NR2B Containing NMDA Receptors

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Zinc enhances hippocampal long-term potentiation at CA1 synapses through NR2B containing NMDA receptors


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Abstract

The role of zinc (Zn$^{2+}$), a modulator of N-methyl-D-aspartate (NMDA) receptors, in regulating long-term synaptic plasticity at hippocampal CA1 synapses is poorly understood. The effects of exogenous application of Zn$^{2+}$ and of chelation of endogenous Zn$^{2+}$ were examined on long-term potentiation (LTP) of stimulus-evoked synaptic transmission at Schaffer collateral (SCH) synapses in field CA1 of mouse hippocampal slices using whole-cell patch clamp and field recordings. Low micromolar concentrations of exogenous Zn$^{2+}$ enhanced the induction of LTP, and this effect required activation of NMDA receptors containing NR2B subunits. Zn$^{2+}$ elicited a selective increase in NMDA/NR2B fEPSPs, and removal of endogenous Zn$^{2+}$ with high-affinity Zn$^{2+}$ chelators robustly reduced the magnitude of stimulus-evoked LTP. Taken together, our data show that Zn$^{2+}$ at physiological concentrations enhances activation of NMDA receptors containing NR2B subunits, and that this effect enhances the magnitude of LTP.

Introduction

Plasticity at hippocampal synapses is influenced by a number of endogenous factors including Zn$^{2+}$, which acts on N-methyl-D-aspartate glutamate receptors (NMDAR) involved in the induction of long-term potentiation (LTP). Under normal physiological conditions, Zn$^{2+}$ is released from presynaptic vesicles by low frequency synaptic transmission and interacts with multiple receptors that are involved in the induction of LTP, including NMDAR [1–4]. Studies suggest that Zn$^{2+}$ exerts tonic regulation of NR2A containing NMDARs, and that Zn$^{2+}$ released from presynaptic terminals can also provide activity-dependent phasic modulation/inhibition of NR2B-containing NMDARs [3–7]. Interestingly, removal of vesicular Zn$^{2+}$ via either genetic ablation of the ZnT3 Zn$^{2+}$ synaptic vesicle transporter, or Zn$^{2+}$ chelation with CaEDTA, have been reported to impair LTP, suggesting that endogenous synthetically-released Zn$^{2+}$ may play a role in gating the induction of LTP [8,9]. Izumi and colleagues suggest that removal of Zn$^{2+}$ using CaEDTA, a membrane impermeable metal chelator with high...
affinity for Zn$^{2+}$ ($K_d \approx 10^{-16}$ M), inhibits LTP due to removal of Zn$^{2+}$ tonically bound to NMDARs [8,10].

Studies suggest that Zn$^{2+}$ released at SCH axons synapsing onto CA1 pyramidal neurons (SCH-CA1) can both inhibit and enhance NMDAR activity [11,12]. The biphasic actions of Zn$^{2+}$ on NMDAR activity likely reflects a combination of free Zn$^{2+}$ concentrations, duration of action, sites of action, and tonic versus phasic properties. Implicated in the mechanisms of possible enhancement vs inhibition are the Src family of tyrosine kinases (SFKs), which are expressed throughout the CNS and are involved in many cellular functions, including regulating ion channel activity (e.g. NMDARs) and synaptic transmission [2, 11–14]. Evidence suggests that Zn$^{2+}$ increases NMDAR responses by increasing SFK activity, which potentiates NMDAR-gated currents [11,15]. SFKs can increase NMDAR-gated currents via phosphorylation of one or more tyrosine residues in NR2A or NR2B subunits [13]. Though several tyrosine residues have been shown to be phosphorylated, the identity of residues that are responsible for increases in NMDAR gating remains unknown [13]. We hypothesized that Zn$^{2+}$ enhances stimulus-evoked LTP through activation of NMDARs containing NR2B subunits activating an SFK-dependent pathway, a hypothesis we tested here at SCH-CA1 synapses in ex vivo mouse hippocampal slices.

Materials and methods

All experiments were conducted under an approved protocol from the Institutional Animal Care and Use Committee of New York Medical College, in compliance with National Institute of Health guidelines.

Hippocampal slice preparation

C57/B16 mice (2–3 month old, male and female; Taconic Farms) were deeply anesthetized with isoflurane and decapitated. The brain was removed rapidly, submerged in ice-cold artificial cerebrospinal fluid (ACSF, 2–4°C), which contained: 124mM NaCl, 4mM KCl, 2mM MgSO$_4$, 2mM CaCl$_2$, 1.25mM NaH$_2$PO$_4$, 26mM NaHCO$_3$, 10mM glucose; at pH 7.4, and oxygenated continuously with 95% O$_2$ and 5% CO$_2$. The brain was hemisected through the midsagittal plane, the frontal lobes removed, and each hemisphere glued using cyanoacrylate adhesive to a stage immersed in ice-cold ACSF gassed continuously with 95% O$_2$/5% CO$_2$ during slicing. 300 μm thick coronal slices were cut using a vibratome (DSK DTK-1000), and transferred to an interface holding chamber containing ACSF with oxygen for incubation at room temperature for a minimum of one hour before commencing recording.

Extracellular recordings

Brain slices were transferred to an interface recording chamber and continuously perfused at 3 ml/min with oxygenated ACSF at 32 ± 0.5°C. Low resistance recording electrodes were made from thin-walled borosilicate glass (1–2 MΩ after filling with ACSF) and inserted into the apical dendritic region of the SCH field in stratum radiatum of the CA1 region to record evoked field excitatory postsynaptic potentials (fEPSPs). A bipolar stainless steel stimulating electrode (FHC Co.) was placed on SCH-commissural fibers in CA3 stratum radiatum, and constant current stimulus intensity adjusted to evoke approximately half-maximal fEPSPs once each 30 sec (50–100 pA; 100 μs duration). fEPSP slopes were measured by linear interpolation from 20–80% of maximum negative deflection, and slopes confirmed to be stable to within ± 10% for at least 10 min before commencing an experiment.

For all slices, single shock evoked fEPSPs were acquired every 30 seconds, normalized to fEPSP slope amplitude for the 3 minute period immediately prior to application of high
frequency stimulation (theta burst stimulation, TBS), and LTP measured as the ratio of mean slope 48–52 minutes post-TBS to the pre-TBS baseline slope. Signals were recorded using a Multiclamp 700B amplifier and digitized with a Digidata 1322 (Axon Instruments, Foster City, CA), and analyzed using pClamp software (version 9, Axon Instruments).

During electrophysiological recordings 1μM ZnCl$_2$ was bath applied 15 minutes prior to delivering a TBS in experiments (solid line under the graphs indicates timing of application; arrow indicates TBS), and the slices were perfused continuously for 60 minutes post TBS. The sample traces next to all graphs are averages over 5 minutes (10 traces, 1/30sec) taken from 0–5 minutes prior to TBS (solid trace) and 48–52 minutes post TBS (dashed trace). All baselines for LTP experiments were stable for at least 15 minutes prior to bath application of ZnCl$_2$. For all slices, LTP was statistically analyzed 50 minutes post TBS. For experiments examining the effects of baseline to prolonged exposure to ZnCl$_2$ without TBS, the magnitude of baseline responses was averaged over 5 minutes during the 15-minute pre-ZnCl$_2$ baseline, and compared to the 5 minute average after a 50 minute application of ZnCl$_2$.

Monosynaptic SCH-evoked NMDA receptor fEPSP amplitudes were enhanced and isolated pharmacologically by perfusing slices in Mg$^{2+}$-free ACSF, which also contained the AMPA/Kainate receptor antagonist DNQX (25μM). Experiments recording NMDA fEPSPs otherwise followed experimental design as described above.

Whole-cell voltage-clamp recordings

Patch pipettes were pulled from borosilicate glass (1B150F-4, World Precision Instruments) using a flaming/brown micropipette puller (P-97, Sutter Instruments). The composition of the patch pipette solution for NMDA current recordings was: 135mM CsMeSO$_3$, 8mM NaCl, 10mM HEPES, 2mM Mg-ATP, 0.3mM Na-GTP, 0.5mM EGTA, 1mM QX-314. The patch pipette solution pH was adjusted to 7.25 with CsOH, and had an osmolarity of 280 ± 10 mOsm. When filled with this solution, patch pipettes had tip resistances of 5–6 MΩ. Whole cell patch clamp recordings were obtained from CA1 pyramidal neurons in slices in a fully submerged recording chamber at room temperature, perfused with ACSF at 2 ml/min, and gassed continuously with 95% O$_2$/5% CO$_2$, which passed over the perfusate and bubbled in ACSF.

NMDA evoked currents were pharmacologically isolated by bath application of tetrodotoxin (TTX) to eliminate spontaneous action potential driven synaptic release, plus the GABA receptor antagonist bicuculline (25μM), AMPA receptor blocker DNQX (25μM), and intracellular perfusion with the K+ channel blocker (Cs$^+$, 135mM) in pyramidal neurons voltage clamped at -70mV. A glass pipette was placed 150–200 micrometers from the pyramidal cell body in SCH synapses in stratum radiatum, and puffing pressure adjusted to elicit approximately 100pA amplitude inward currents. NMDA puffed every 90 seconds was preferred to allow the NMDA receptor to recover and avoid desensitization, and a 10 minute stable baseline of NMDA evoked currents confirmed before proceeding with the experiment. NMDA evoked current traces were averaged (4 traces) at 5 minutes and at 40 minutes (or after 40 minutes in ZnCl$_2$) recorded in Mg$^{2+}$-free ACSF also containing bicuculline (25μM) plus DNQX (25 μM).

Paired-pulse facilitation (PPF) experiments measure the amplitude difference in AMPA excitatory postsynaptic current (EPSC) at increasing time intervals. PPF given at the intervals of 10, 20, 50, 100, 250, and 500 ms, recorded after 15 minutes exposure to ZnCl$_2$. PPF traces demonstrate the difference from initial simulation and after 50 ms. The horizontal lines on the traces indicating the peak amplitude along with the vertical double-headed arrow demonstrates the relative increase in AMPA EPSC amplitudes of the paired-pulse facilitation. The
mean PPF ratios of AMPA EPSC amplitudes were calculated using the second stimulus divided by the first stimulus.

The submerged recording chamber was mounted on a Zeiss Axioskop 2 FS upright microscope equipped with infrared differential interference contrast (DIC) optics. Pyramidal neurons of the hippocampal CA1 region were visualized with a 63x water immersion lens, and patched in the voltage-clamp configuration. NMDAR evoked currents and AMPA EPSCs were recorded using a MultiClamp 700B (Molecular Devices, Foster City, CA), with the low-pass filter setting at 1–3 kHz, series resistance was compensated in the voltage-clamp mode, and patched cells whose series resistance changed by more than 10% were rejected from further analysis. Data were acquired with a 16-bit D/A interface (Digidata 1322A, Molecular Devices) stored on a PC-compatible computer and analyzed using PCLAMP software (v9, Molecular Devices).

Chemicals

All external and patch pipette solutions were made with deionized distilled water (Milli-Q system). The chemicals for making extra- and intracellular solutions were purchased from Sigma (St Louis, MO) and Fluka (New York, NY). Neurotransmitter receptor antagonists were purchased from Tocris (Ellisville, MO).

Western blot analyses

Western blotting was performed on mouse hemi-sectioned brain slices (300 μm thick), which included not only the hippocampus but overlying cortex as well. Slices were treated in pairs as control (ACSF alone), control + Zn\(^{2+}\); Zn\(^{2+}\) + PP2; control + PP2. Each condition was tested on every animal using multiple slices. Each animal provided 2 control slices, 2 Zn\(^{2+}\) slices, one slice treated with PP2 with Zn\(^{2+}\) and one slice with PP2 alone. (The PP2 alone treatment was not different from control—data not shown.) The control group was exposed to ACSF for 35 minutes, while the treated groups received 10-minute exposure to ACSF, followed by 30 minute exposure to ZnCl\(_2\) (1μM) or 30 minute exposure to 1 μM ZnCl\(_2\) in the presence of the tyrosine kinase (SFK) inhibitor 1-(1,1-dimethylethyl)-1H-pyrazolo[3,4-d]pyrimidin-4-amine (PP2, 10μM). Slices were then transferred to microcentrifuge tubes and flash frozen with liquid nitrogen and stored in a -80˚C freezer.

Frozen tissue samples were boiled for 5 minutes and homogenized with high speed vortexing in lysis buffer (4% LiDS, 10% glycerol, 62.5 mM of TRIS-HCl pH 6.8, and 10 mM DTT). The samples were centrifuged afterwards for 5 minutes and the protein concentration was determined using a protein assay kit (Bio-Rad). 15 μg of protein was separated on 4–15% SDS-PAGE gradient precast gel (Bio-Rad). A separate gel was run for each animal. For each gel, equal aliquots were run in duplicate for each slice in adjacent lanes. This pattern was duplicated on the same gel so that all samples from the same animal were transferred to the PVDF membrane at the same time under the same conditions. After electroblotting, the membrane was cut in half and one half was developed with anti NMDAR2B antibody to visualize the total amount of receptor present in the sample and the other half was developed with anti PY (TYR1472) NMDAR2B antibody. Membranes were blocked with casein then incubated with primary antibodies at room temperature overnight followed by 1hr washing in TBST (0.05% Tween 20, Tris buffered saline) at RT. Primary antibodies were NMDAR/NR2B and phospho-NR2B Y1472 primary antibodies (Cell Signaling #4207 and 4208) and anti-β-actin to normalize band intensities. Secondary antibodies conjugated with horseradish peroxidase (Jackson ImmunoResearch) were visualized using chemiluminescence ECL-Plus reagent (GE Healthcare).
The blots were densitometrically analyzed using Image-J. Quantitative comparisons were performed by normalizing each blot to a control lane and the relative value of the PY signal was divided by the total NMDAR2B signal. Thus a ratio of one is the value of control standard-the PY/NMDA for control is set to 1.

**Data analysis**

Electrophysiological data were analyzed initially with Clampfit (v9) (Axon Instruments, CA). Analyzed data were further processed and presented with Origin 6.1 (Microcal Software, Northampton, MA) and CorelDraw 10.0 (Corel, Ottawa, Ontario, Canada) programs. Statistical analysis were performed with SPSS (v11). Statistical data are presented as mean ± SEM unless indicated otherwise. Significance level was preset to \( P < 0.05 \). Data points averaged for statistics are marked with a dashed bracket over the graphs. All data points analyzed were a 5 minute average per slice from the time points indicated by the brackets and are taken from within the last ten minutes of recording. Means ± SEM were calculated for each group and then compared to other experimental groups using 1-way ANOVA and Dunnett’s multiple comparison test. The number of slices used for analysis included comparison of slices from within the same mice and between slices of different mice.

**Results**

I. **Zinc enhances stimulus-evoked LTP at Schaffer collateral-CA1 synapses**

To test the potential role of \( \text{Zn}^{2+} \) in regulating synaptic plasticity, we commenced by bath applying exogenous \( \text{Zn}^{2+} \) to mouse hippocampal slices at a concentration of 1\( \mu \text{M} \) to evaluate stimulus-evoked LTP at SCH synapses in field CA1. Fig 1A illustrates SCH-evoked field excitatory postsynaptic potentials (fEPSPs) recorded from stratum radiatum of field CA1 before and after a high frequency stimulus was applied to SCH axons using a theta-burst protocol (Fig 1B).

\( \text{ZnCl}_2 \) (1\( \mu \text{M} \)) did not significantly alter fEPSP slope during the 15 minutes of baseline recording prior to high frequency stimulation (TBS). However 1\( \mu \text{M} \) \( \text{ZnCl}_2 \) significantly increased the magnitude of LTP after TBS. Bath application of \( \text{ZnCl}_2 \) at concentrations of 0.01\( \mu \text{M} \) and 10\( \mu \text{M} \), did not significantly enhance the magnitude of LTP after TBS stimulation (S1 Fig). Fig 1C shows the average fEPSP response at 50 minutes post TBS in control vs 1\( \mu \text{M} \) \( \text{ZnCl}_2 \). 1\( \mu \text{M} \) \( \text{ZnCl}_2 \) has been posited to be the physiological concentration of actively released \( \text{Zn}^{2+} \) within SCH-CA1 synapses [16]. \( \text{Zn}^{2+} \) has been shown to inhibit recombinant NMDA receptor-gated conductance at concentrations ranging from 1–100\( \mu \text{M} \), which would be consistent with an inhibitory role in LTP [17]. Moreover, 1–5\( \mu \text{M} \) \( \text{Zn}^{2+} \) is thought to be sufficient to bind to the low affinity, allosteric inhibitory site on NR2B containing NMDA receptors [17].

Our data suggests there is an optimal concentration of \( \text{Zn}^{2+} \) that can potentiate SCH-CA1 LTP.

II. **Chelation of endogenous zinc inhibits LTP at Schaffer collateral-CA1 synapses in hippocampal slices**

While the previous experiment addressed the mechanisms of modulation of synaptic transmission and LTP by physiological concentrations of exogenously-applied \( \text{Zn}^{2+} \) (1\( \mu \text{M} \)), it remained to be determined whether endogenous \( \text{Zn}^{2+} \) released by SCH terminals can influence LTP in a similar manner. The next set of experiments were designed to determine the effects of chelating endogenous \( \text{Zn}^{2+} \) on LTP, using the membrane impermeable \( \text{Zn}^{2+} \) chelator CaEDTA.
Zinc enhances hippocampal long-term potentiation

Fig 1. 1 μM ZnCl₂ enhances the magnitude of long-term potentiation (LTP) at Schaffer collateral-CA1 synapses in hippocampus. (A) Time course of TBS-induced LTP of SCH-CA1 fEPSP slopes in control (dark circles, n = 15), compared to 1 μM ZnCl₂ (lighter circles, n = 10). Bath-applied 1 μM ZnCl₂ (solid bar) significantly and persistently enhanced magnitude of LTP compared to untreated control slices. LTP was significantly enhanced 50 minutes post TBS (⁎, P < 0.05; Student’s t-test). Sample traces next to graph compare baseline (solid wave) to post TBS (dashed wave) for all conditions. (B) The theta burst stimulus (TBS) stimulating protocol used for all LTP experiments (2 trains 3 minutes apart, each train consisting of 10x 100Hz/5pulse bursts at 200ms interburst intervals). (C) Summary of all control slice LTP vs ZnCl₂ treated slices, demonstrating that ZnCl₂ significantly enhances SCH-CA1 LTP at 1 μM (⁎, P < 0.05; Student’s t-test). Statistical data are presented as mean ± SEM.

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[8,18], or the cell permeable Zn²⁺ chelator N,N,N',N'-Tetrakis (2-pyridylmethyl) ethylenediamine (TPEN).

CaEDTA (1mM) significantly inhibited TBS-induced LTP (Fig 2A). Fig 2B shows the average fEPSP response to chelation of Zn²⁺. It is important to note that the kinetics of CaEDTA binding to Zn²⁺ is likely too slow (60 milliseconds) to bind to synaptically released Zn²⁺, because CaEDTA must first dissociate Ca²⁺ ions before binding to Zn²⁺ [19]. Therefore, CaEDTA was used to assess the relative importance of tonic extracellular Zn²⁺ on SCH-CA1 LTP.
We next tested the effects on LTP of a cell-permeant chelator, TPEN, with a higher affinity for Zn$^{2+}$ than CaEDTA. TPEN has a high affinity for Zn$^{2+}$ and low affinity for Ca$^{2+}$ ($K_d = 10^{-16} \text{M}$ vs Ca$^{2+} K_d = 10^{-5} \text{M}$) and Mg$^{2+}$ ($K_d = 10^{-2} \text{M}$) [20, 21]. TPEN (50μM) did not alter baseline fEPSPs, suggesting no alteration in basal AMPAR-mediated low-frequency synaptic transmission or non-specific synaptotoxicity. In sharp contrast to control slice LTP, TPEN converted the effects of TBS to a long-term depression (LTD) of synaptic transmission. This confirms that Zn$^{2+}$ is necessary for full expression of SCH-CA1 LTP, but not LTD, and suggests that both extracellular and intracellular Zn$^{2+}$ are required. It should be noted that CaEDTA and TPEN not only differ in their kinetics, but have differing sites of action (solely extracellular vs extracellular plus intracellular), making the ultimate site(s) of action of Zn$^{2+}$ unclear.

III. Zinc enhancement of Schaffer Collateral-CA1 LTP requires postsynaptic NMDA receptor activation

While the previous experiments did not reveal any acute baseline effects of Zn$^{2+}$ application on SCH-CA1 evoked synaptic transmission over a 15 minute application, we further examined the effects of Zn$^{2+}$ on basal synaptic transmission for an extended period up to one hour (Fig 3A and 3B). SCH-CA1 fEPSP slopes were evoked once every 30 seconds for up to one hour without TBS. In the presence of 1μM ZnCl$_2$, baseline fEPSPs did not show a change in basal synaptic activity after 50 minutes in ZnCl$_2$, indicating that low-frequency synaptic transmission was not affected by Zn$^{2+}$.

To test whether NMDA receptor activity was necessary for Zn$^{2+}$-induced enhancement of LTP, we tested whether the effect could be blocked by the selective NMDAR antagonist...
2-amino-5-phosphonopentanoic acid (D-AP5). In control slices, 50 μM D-AP5 was sufficient to completely block NMDA receptors and TBS-induced LTP (Fig 3C). Moreover, the addition of 1 μM ZnCl₂ in the presence of D-AP5 was unable to rescue LTP (Fig 3C). Fig 3D compares the average fEPSP of control versus Zn²⁺ and D-AP5 at 50 minutes post TBS. These experiments demonstrate that SCH-CA1 LTP elicited by our TBS stimulus protocol is an NMDAR-mediated phenomenon, and that the enhancement of LTP produced by Zn²⁺ does not appear to be via an enhancement of non-NMDAR mediated LTP.

While the previous experiment suggests NMDA receptors play a key role in the enhancement seen by ZnCl₂, it is unclear whether the enhancement of LTP was due to effects on presynaptic release of glutamate, and/or postsynaptic responsiveness of NMDA receptors to glutamate. To test whether Zn²⁺ altered presynaptic transmitter release probability, we used...
whole-cell voltage-clamp recording to isolate AMPAR excitatory postsynaptic currents (EPSCs) for measurement of paired-pulse facilitation (PPF). The differences in EPSCs magnitude between groups were measured as demonstrated in Fig 3E. PPF was not significantly different in the presence and absence of 1μM ZnCl₂ (50 ms interval; Fig 3E and 3F). There was no significant difference in PPF ratio at any of the time intervals tested (Fig 3F), or in basal synaptic EPSCs, produced by 1μM ZnCl compared to untreated control slices, suggesting that this concentration of Zn²⁺ does not alter SCH presynaptic release probability or CA1 pyramidal cell postsynaptic AMPAR-mediated EPSCs.

IV. Zn²⁺ enhances NMDA receptor fEPSPs and whole-cell pharmacologically-isolated NMDA receptor evoked currents in CA1 pyramidal neurons

An increase in NMDAR activity associated with both increases in channel current and channel number have been correlated with enhanced magnitude of LTP [22, 23]. Zn²⁺, acting either directly or indirectly on NMDAR-gated conductance, is a reasonable hypothetical mechanism for its enhancement of LTP. Since D-AP5 blocked Zn²⁺ enhancement of NMDAR-dependent LTP, we postulated that Zn²⁺ would increase NMDAR-mediated fEPSPs at 1μM ZnCl₂. In these experiments, fEPSP amplitudes were measured instead of slopes because of the significantly different activation and deactivation kinetics of NMDA receptor subunit types [24–27], and the fact that these synapses contain a mixture of NMDA receptor subtypes, making slope inaccurate as a reflection of the overall change in all NMDA receptor responses. For example, a significant increase in the proportion, total number, or a change in the state of phosphorylation of NR2B mediated responses could all produce an increase in amplitude, but a decrease in slope, due to its slower activation kinetics [24–27].

Consistent with this hypothesis, 1μM ZnCl₂ significantly enhanced synaptically-evoked pharmacologically-isolated NMDAR fEPSPs (see Methods) in CA1 pyramidal neurons (Fig 4A and 4B), and this effect was eliminated by addition of D-AP5 after the enhancement of ZnCl₂ was established, confirming that the effect of Zn²⁺ was NMDA receptor mediated. In contrast, neither 0.01 nor 10 μM Zn²⁺ significantly altered NMDAR-mediated fEPSPs (S2A Fig). Moreover, the enhanced effect after application of 1 μM ZnCl₂ on NMDAR fEPSPs was absent in solutions containing magnesium (S2B Fig), suggesting that Zn²⁺ requires the removal of the Mg²⁺ NMDA receptor block in order to exert its effect as would occur during high frequency stimulation to induce LTP.

Having found that low micromolar concentrations of Zn²⁺ enhances NMDAR-mediated synaptic transmission, we next examined whether this action was due to a direct effect on postsynaptic NMDA-mediated currents. Whole-cell patch clamp with local puff application of NMDA was used to further isolate NMDA receptor responses. Within 10–15 minutes of bath application of 1μM [ZnCl₂], NMDA evoked current amplitude increased significantly compared to untreated control CA1 pyramidal neurons (Fig 4C and 4D).

In addition to an increase in NMDA evoked current amplitude, cells treated with 1μM Zn²⁺ demonstrated a significant increase in the area under the evoked current waveform, indicative of an increase in charge transfer (S3 Fig). Fig 4D compares evoked current amplitude and area under the curve to control NMDA evoked currents. NMDAR channels are nonselective cation channels, and an increase in charge transfer across the neuronal membrane would likely include an increase in postsynaptic Ca²⁺ influx, a second messenger necessary to trigger the induction of LTP. This increase in area suggests either greater activation, increase in total receptor number, or a change in the state of conductance of NR2B-containing NMDARs, which have slower deactivation kinetics than NR2A-containing NMDAR [28]. It is important
to note that the concentration of NMDA delivered by pressure ejection could not be precisely measured, but is likely sufficient to activate both synaptic (predominantly NR2A-containing) and extrasynaptic (mostly NR2B-containing) NMDAR. Taken together, these results suggest that 1 μM ZnCl₂ is capable of increasing NMDA current amplitude and evoked current area, indicative of increased charge transfer that may be due to NMDA subunit-specific NMDAR modulation. The next experiments were designed to test the hypothesis that Zn²⁺ exerts its increase on NMDA receptor current via interaction with NR2B-containing NMDARs.
V. Zn\(^{2+}\) enhancement of NMDA \(f\)EPSPs is blocked by inhibition of NR2B-containing NMDAR, and of Src family tyrosine kinases

To selectively explore the influence of Zn\(^{2+}\) on NR2B-containing NMDARs, we utilized the activity-dependent NR2B-selective NMDAR antagonist Ro25-6981 [29], to test the effect of Zn\(^{2+}\) on pharmacologically isolated NR2A-containing NMDAR \(f\)EPSPs (Fig 5A). Ro25-6981 was used at a concentration that maximally inhibits NR2B-NMDARs, while avoiding inhibition of NR2A-NMDARs (1\( \mu \)M; NR2B IC\(_{50}\) ≈ 5-50nM, NR2A IC\(_{50}\) = 50\( \mu \)M, 30,31). Ro25-6981 reduced NMDA \(f\)EPSP amplitude below baseline (\(\ast\), \(P<0.05\) Student’s t-test, 35.3\% reduction compared to baseline), suggesting a population of NR2B-activated NMDA receptors are present in CA1 synapses. When 1\( \mu \)M Ro25-6981 and 1\( \mu \)M ZnCl\(_2\) were added together to the perfusate, NMDAR \(f\)EPSPs were reduced in a fashion nearly identical to Ro25-6981 alone (Fig 5B). These data indicate that targeted blockade of NR2B-NMDARs completely blocks the effects of Zn\(^{2+}\) on SCH-evoked NMDAR \(f\)EPSPs.

To confirm the finding that Zn\(^{2+}\) enhancement of NMDARs is indeed blocked by NR2B inhibition, we performed a second experiment using ifenprodil, a selective NR2B-containing NMDAR antagonist from which the more potent Ro25-6981 is derived. Ifenprodil also reduced NMDA \(f\)EPSPs (S4A Fig). When 1\( \mu \)M ZnCl\(_2\) was added in the presence of ifenprodil, the enhancement by Zn\(^{2+}\) was completely abrogated, consistent with a selective action of Zn\(^{2+}\) on NR2B-containing NMDARs.

Co-application of 1\( \mu \)M ZnCl\(_2\) and 50nM NVP AAM077 failed to enhance NMDAR \(f\)EPSPs (S4C Fig). (Of note: NVP AAM077 has only modest selectivity for NR2A over NR2B, so the moderately larger reduction in NMDA \(f\)EPSPs is likely a reflection of antagonism of multiple NMDA receptor subtypes [30, 31]). Taken together, our data strongly suggest that NR2B-containing NMDARs are targets of Zn\(^{2+}\) modulation of NMDAR synaptic transmission that regulates LTP amplitude.

To further elucidate the mechanism by which ZnCl\(_2\) modulates NR2B-containing NMDARs, we next explored the Src family of tyrosine kinases (SFKs), which have been shown to regulate NMDAR activity [32, 33]. SFKs have been shown to potentiate the efficacy of hippocampal mossy fiber CA3 pyramidal synapses through activation of the tyrosine kinase receptor, TrKB [33]. We hypothesized that low micromolar Zn\(^{2+}\), either through direct or indirect mechanisms (i.e. TrKB activation), could activate SFKs, and that this could lead to potentiation of NMDAR synaptic transmission [32, 33].

We applied 1\( \mu \)M ZnCl\(_2\) simultaneously co-perfused with 10\( \mu \)M PP2, which it produced the same enhancement of NMDAR \(f\)EPSPs as Zn\(^{2+}\) alone (Fig 5C). However, since it was possible that Zn\(^{2+}\) traversed the plasma membrane more rapidly than the bulkier PP2 molecule, to act before sufficient inhibition of SFK was achieved, we also bath applied PP2 5 minutes prior to the application of 1\( \mu \)M ZnCl\(_2\) in the experiments shown in Fig 5C. Pretreatment with PP2 5 minutes prior to ZnCl\(_2\) application completely prevented the enhancement of LTP by 1\( \mu \)M ZnCl\(_2\), returning it to the level of untreated control slices and PP2-only treated slices (Fig 5C and 5D). These results suggests that Zn\(^{2+}\) requires the activation of SFKs to increase NMDAR \(f\)EPSPs.

VI. Zinc enhancement of LTP requires NR2B-containing NMDA receptors and activation of the SFK pathway

Next we evaluated whether enhancement of NR2B NMDA receptor activation is necessary for Zn\(^{2+}\)-induced enhancement of SCH-CA1 synapse LTP. We examined the effects of selectively blocking NR2B-containing NMDARs on stimulus-evoked LTP. We added 1\( \mu \)M Ro25-6981, followed by SCH TBS. Ro25-6981 had a minimal effect on the magnitude of LTP compared to
Fig 5. Zn$^{2+}$ is required for the enhancement of NMDAR fEPSPs which requires NR2B-containing NMDARs and activation of Src family kinases (SFK). (A) Pharmacologically-isolated NMDA fEPSP amplitudes in the presence of the NR2B-selective NMDAR antagonist Ro25-6981 (1 μM) in control slices (squares, n = 6), and after co-application of 1 μM ZnCl$_2$ (light circles, n = 6). Ro25-6981 completely blocked the enhancement of NMDAR fEPSPs by 1 μM ZnCl$_2$. Sample traces for each treatment shown to right, before (dark traces) and 50 minutes after (light traces) drug application. (B) Summary of NMDAR fEPSP decrease versus baseline (100%) after 70 minutes drug application in slices treated with 1 μM Ro25-6981 and those treated with Ro25-6981 plus 1 μM ZnCl$_2$ ($P > 0.05$; Student’s t-test). (C) Time course of NMDA fEPSP amplitudes in slices pre-treated for 5 minutes with the SFK inhibitor PP2 (top bar, 10 μM, dark squares, n = 8) prior to bath application of 1 μM ZnCl$_2$ (lower bar) plus PP2, versus application of the two drugs simultaneously (light circles, n = 6). (D) Summary of NMDA fEPSP amplitudes after 1 hour recording. Simultaneous treatment with 1 μM ZnCl$_2$ + PP2 significantly enhanced the magnitude of NMDA fEPSPs compared to control ACSF (*, $P < 0.05$; 1-way ANOVA, Dunnett’s multiple comparison test), and this potentiation was completely blocked by pretreatment with 10 μM PP2 (Control n = 8, vs pretreatment, $P > 0.05$; Dunnett’s multiple comparison test). Mean NMDA fEPSPs in PP2 alone was not statistically different from control (Control vs PP2, $P > 0.05$; Dunnett’s multiple comparison test). Statistical data are presented as mean ± SEM.

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control slices (Fig 6A and 6B). These data are consistent with other reports indicating that inhibition of NR2B-containing NMDARs may not markedly inhibit the induction or expression of LTP under control conditions [34].

Co-application of 1μM ZnCl₂ + Ro25-6981 completely eliminated Zn²⁺ enhancement of LTP without altering the magnitude of baseline control LTP (Fig 6A and 6B). These data support the hypothesis that Zn²⁺ enhances LTP by selectively modulating activation of NR2B-containing NMDA receptors.

Since SFK inhibition blocked Zn²⁺ enhancement of NMDAR fEPSPs, it was a reasonable hypothesis that PP2 would also specifically prevent Zn²⁺ enhancement of stimulus-evoked
LTP at Schaffer-Collateral CA1 synapses. LTP of SCH-evoked fEPSPs in field CA1 in the presence of PP2 (10μM) alone, versus PP2 co-applied with 1μM ZnCl$_2$ (Fig 6C and 6D), showed no difference in magnitude of LTP, confirming that SFK activity is necessary for the enhancement of LTP by Zn$^{2+}$.

As an additional control for nonspecific effects of PP2, we compared the effects of the inactive PP2 analog PP3. ZnCl$_2$ markedly enhanced the magnitude of TBS-induced LTP in the presence of 10μM PP3 compared to PP2 (S5 Fig). Taken together, these data support the conclusion that the potentiation of LTP by Zn$^{2+}$ requires SFK activity.

Our final objective was to begin to probe the site(s) of phosphorylation of NR2B subunits that may be involved in Zn$^{2+}$ regulation of LTP. Tyrosine 1472 (Y1472) is the main phosphorylated tyrosine residue on the C-terminal tail of the NR2B subunit [13]. Under basal conditions, this site is phosphorylated, and there is an increase in phosphorylation at this site following tetanus-induced LTP in the dentate gyrus [13]. Phosphorylation of this site is correlated with an increase in surface expression of NMDA receptors and a corresponding reduction in the intracellular pool of NMDA receptors [13]. Increased surface expression of NR2B containing NMDARs due to an increase in Y1472 phosphorylation could account for an increase in NR2B current after low micromolar ZnCl$_2$ application. Our next experiment examined whether exposure to Zn$^{2+}$ altered baseline NMDA receptor phosphorylation at Tyrosine 1472.

Western blots were probed with an antibody to the phosphorylated site Y1472 on the NR2B subunit to test this hypothesis (S6 Fig). ZnCl$_2$-treated (1μM) slices exhibited no significant change in phosphorylation compared to baseline ACSF controls slices (Fig 6E). Therefore, simply exposing slices to Zn$^{2+}$ is not sufficient to alter phosphorylation of the NR2B subunit at the Y1472, suggesting that other phosphorylation sites may be involved or that it may require the NMDA receptor to be activated by high frequency stimulation.

**Discussion**

Zinc is a physiologically-relevant ion for activity-dependent long-term regulation of synaptic plasticity [35]. In the present study, SCH-CA1 LTP evoked by TBS was significantly enhanced by 1μM ZnCl$_2$, in agreement with prior findings, though the mechanism by which zinc enhances LTP remains largely unclear [36].

In addition to exogenously applying Zn$^{2+}$, we tested the requirement for endogenous Zn$^{2+}$ on LTP, using the high affinity chelator for extracellular Zn$^{2+}$, CaEDTA [37–40]. In our experiments, chelation of endogenous Zn$^{2+}$ from the synapse resulted in a reduction in the magnitude of LTP, indicating that extracellular ambient concentrations of Zn$^{2+}$ are necessary for full expression of LTP [8,10, 41]. TPEN, another potent Zn$^{2+}$ chelator capable of chelating both extracellular and intracellular Zn$^{2+}$, also blocked LTP to a greater extent than CaEDTA. These data strongly suggest that intracellular and extracellular Zn$^{2+}$ are both involved in mechanisms of LTP.

Exogenously applied zinc did not alter baseline SCH-evoked fEPSPs, which are mediated predominantly by AMPA and GABA receptor conductances, with little contribution from NMDARs subject due to voltage-dependent Mg$^{2+}$ block [42]. We saw no significant changes in fEPSPs or paired-pulse response profiles after prolonged exposure to Zn$^{2+}$, suggesting that micromolar concentrations of Zn$^{2+}$ do not significantly affect AMPA receptor conductance, alter presynaptic release properties at glutamatergic SCH terminals, or have other divalent cation effects that alter excitability. The effects of Zn$^{2+}$ on CA1 synapses appear to be specific, probably localized to postsynaptic CA1 pyramidal neuron conductances (such as NMDA receptor-gated responses) necessary for inducing LTP. In further support of this hypothesis, the NMDAR antagonist D-AP5 blocked both induction of control LTP and its enhancement.
by 1μM ZnCl₂, in field CA1. Taken together, our data suggest that ZnCl₂ is likely to be influencing processes involved in stimulus-evoked synaptic potentiation via postsynaptic NMDARs.

ZnCl₂ (1μM) significantly increased isolated NMDAR fEPSPs and NMDA evoked whole-cell currents. There are a number of possible causes of this, including but not limited to, an increase in NMDAR channel open time, the frequency of opening and/or closing, and an increase in the number of NMDA receptors in the synapse. Interestingly, the increase in current area may indicate an increase in the number of NR2B containing NMDARs, which have slower activation kinetics [29], or an increased activation of NMDARs containing NR2B subunits (a subunit known to interact with Zn²⁺), possibly via phosphorylation/dephosphorylation mechanisms [19, 43]. Our data, though not definitive proof of NR2B subunit selectivity are highly suggestive of NR2B involvement and prompted further investigation.

Ro25-6981, an NR2B-selective NMDAR inhibitor, blocked the enhancement of NMDA fEPSPs by 1μM ZnCl₂. Of note, Ro25-6981 binding is to the N-terminal domain on the extracellular surface, where it competes with Zn²⁺ for this binding domain, suggesting a possible mechanism interfering with enhancement of NMDA current by 1μM ZnCl₂ [25]. Alternatively, Zn²⁺ may act via an intracellular route that is still susceptible to blockade by Ro25-6981. The importance of intracellular Zn²⁺ in promoting LTP is suggested by the effects of the cell-permeant Zn²⁺ chelator, TPEN, in blocking effects of Zn²⁺. Our data show that inhibition of NR2B-containing NMDAR abrogates the Zn²⁺ mediated increase in NMDA fEPSPs, indicating that Zn²⁺ requires NR2B containing NMDA receptors to mediate an increase in NMDA receptor current.

The next step in our experiments was to see if NR2B-containing NMDARs subunits were required to enhance TBS induced LTP at CA1 synapses. Ro25-6981 did not significantly alter the magnitude of LTP when bath applied alone, which suggests that NR2B-containing NMDAR do not contribute substantially to control LTP elicited by TBS stimulation. This is consistent with literature suggesting that hippocampal NR2B subunits play a more predominant role in the induction of LTP in younger mice, particularly during development [44]. However, low micromolar [Zn²⁺] was unable to enhance LTP in the presence of Ro25-6981, confirming a requirement of NR2B containing NMDA receptor activation for the enhancement of SCH-CA1 LTP by Zn²⁺. Thus, Zn²⁺ enhancement of LTP may be mediated by the up-regulation of NR2B-containing NMDARs to contribute to induction of LTP in adult rat hippocampus.

Zinc modulation of NMDA receptors could be the result of Zn²⁺ crossing the membrane through other channels and activating intracellular signaling molecules [32, 45]. A likely zinc target is the Src family of tyrosine kinases (SFK), which has been shown to modulate NMDA receptor activity via phosphorylation of specific tyrosine residues in the presence of zinc [12,13]. In the present study, PP2, a general SFK inhibitor, inhibited Zn²⁺ mediated NMDA fEPSP. It appears that the timing of PP2 pretreatment was important; if ZnCl₂ and PP2 were co-applied with no initial pre-treatment of PP2, NMDA fEPSPs were still enhanced, while pre-treatment with PP2 blocked the actions of Zn²⁺. This could be explained by more rapid transmembrane penetration of the charged Zn²⁺ compared to the larger PP2. Nevertheless, our data do suggest that Zn²⁺ acts via NR2B SFK phosphorylation to enhance NMDA fEPSP activity.

During induction of stimulus-evoked LTP, there are crucial phosphorylation cascades that are activated, resulting in phosphorylation at multiple sites (serine, threonine, tyrosine) on many proteins, and multiple levels of direct and indirect modulation of AMPAR and NMDAR transmission. In our experiments, PP2 did not alter TBS-induced LTP at SCH-CA1 synapses, suggesting that SFK activity is not necessary for the induction and maintenance of this form of
LTP. However, PP2 did specifically block the increase in LTP elicited by 1μM ZnCl₂, supporting a requirement for SFK activation in modulation of LTP by Zn²⁺.

To further elucidate mechanisms by which PP2 inhibited Zn²⁺ enhancement of LTP, we examined the role of phosphorylation at the Y1472. Y1472 has been implicated as a key phosphorylation site of recombinant NR2B-containing NMDAR [13]. Phosphorylation of this site demonstrates increased NMDA receptor current, increased NR2B-containing NMDA receptors at the cell surface, and recruitment of NR2B NMDA receptors to the synapse from extrasynaptic sites following induction of LTP [15, 46,47]. We examined whether Zn²⁺ could alter the phosphorylation of the NR2B receptor subunit at baseline, without any stimulation to the tissue. Thus allowing us to examine whether or not the NR2B subunit was “primed” by phosphorylation at Y1472 before application of high frequency stimulus. Western blot analysis revealed that 1μM ZnCl₂ did not increase tyrosine phosphorylation of the NR2B subunit at Y1472 prior to TBS. The addition of the inhibitor PP2 had no influence on the basal state phosphorylation at the Y1472 site. Our findings suggest that exposure to Zn²⁺ without stimulation does not result in an increase in phosphorylation at the site Y1472. However, this does not rule out a role for Y1472 phosphorylation in the enhancement of LTP, which could occur with the combination of Zn²⁺ and high-frequency synaptic activation. There could be other sites of phosphorylation that do enhance at baseline or after stimulation which should be explored in this context.

The question remains as to whether Zn²⁺ enhancement of LTP via activation of the SFK pathway is Ca²⁺-dependent, or enhanced due to a direct activation of the signaling pathway that bypasses Ca²⁺. Although NR2A containing NMDARs have been shown to predominantly contribute to LTP in adult mice, NR2B-containing NMDARs in Field CA1 do contribute to calcium transients, suggesting a potential regulatory role in LTP formation that could be up-regulated by Zn²⁺ [48]. Although NR2A and NR2B receptors interact with many of the same signaling molecules, tyrosine phosphorylation of NR2B could uniquely be modulated by the inhibitory scaffolding protein RACK1. RACK1 has been shown to prevent tyrosine phosphorylation of NR2B, resulting in reduced NMDA receptor activity [49]. A possible scenario is that Zn²⁺ may act to release RACK1 from NR2B thus increasing NMDAR activation.

Another possible contributor to Zn²⁺ enhancement of LTP are triheteromeric NMDA receptors. Triheteromeric NMDARs contain two NR1 subunits and both NR2A and NR2B subunits in combination, which, as some studies suggest, may comprise more than 50% of the NMDARs in the synapse in the hippocampus [50]. Their function in the hippocampus has yet to be fully understood, but their contribution to the responsiveness to Zn²⁺ binding as well as to possible differences in pharmacological interaction could provide an alternative site of interaction and modulation. Further examination of the kinetics and functions of triheteromeric NMDA receptors at CA1 synapses in the presence of Zn²⁺ is warranted [51]. As a conjecture, Zn²⁺ may cause a change in the interaction between NR2A and NR2B that favors one subunit over the other in the NMDA receptor complex, changing the mix of NMDARs in the synapse.

Conclusion

The data presented here support the conclusion that low micromolar zinc enhances TBS-induced LTP of SCH-CA1 synapses through phosphorylation of NR2B subunits of NMDA receptors. Our findings suggest a specific endogenous role for Zn²⁺ as a modulator of LTP, not related to a generalized properties of heavy metals in the brain [47]. Given the differences between physiological synaptic release of Zn²⁺ and exogenously applied Zn²⁺, bath application of exogenous ZnCl₂ has the potential to interact with an extrasynaptic receptor population with a higher percentage of NR2B-containing NMDAR that is activated by glutamate spillover.
during high-frequency stimulation. In conclusion, the data presented here suggests that zinc influences activity-dependent synaptic plasticity within a relatively narrow range, the balance of which may be critical for regulation of LTP of synaptic strength underlying learning and memory formation. Dysregulation of zinc homeostasis that results in altered concentrations of Zn\(^{2+}\) release may be a key target for therapeutic intervention in a multitude of brain pathologies.

**Supporting information**

S1 Fig. 0.01μM and 10μM ZnCl\(_2\) do not significantly alter CA1-LTP. The time course of LTP in untreated control slices (circles) compared to slices treated with 10μM (squares, n = 11) or 0.01μM ZnCl\(_2\) (triangles, n = 13). Neither 0.01μM nor 10μM ZnCl\(_2\) significantly altered LTP magnitude compared to controls (P > 0.05; 1-way ANOVA).

(S1 Fig)

S2 Fig. 0.01μM and 10μM ZnCl\(_2\) did not enhance NMDAR fEPSPs. (A) Time course of NMDAR fEPSPs (amplitude) enhanced and isolated by application of Mg\(^{2+}\)-free ACSF plus 25μM DNQX. ZnCl\(_2\) was bath applied after 15 minutes of stable baseline. 100nM ZnCl\(_2\) (squares, n = 4) and 10μM ZnCl\(_2\) (triangles, n = 6) transiently enhanced NMDAR fEPSPs compared to untreated control slices (circles, n = 7), an effect that had reversed by one hour of application. (Each point mean ± SEM of n recordings). (B) Waveform of NMDA fEPSPs in presence of magnesium at 0’ without zinc and after 60’ zinc exposure demonstrating no effect in the presence of magnesium.

(S2 Fig)

S3 Fig. Zn\(^{2+}\) increases charge transfer of Schaffer collateral-evoked NMDAR conductances. This is the time course of NMDA evoked currents for 1μM ZnCl\(_2\) (circles, n = 5) and NMDA evoked currents for control (circles, n = 6). Baseline was recorded for 10 minutes before application of ZnCl\(_2\). Bath application of ZnCl\(_2\) increased the area compared to baseline. (P < 0.05; Student’s t-test).

(S3 Fig)

S4 Fig. Ifenprodil and NVP AAM077 blockade of NMDA differentially affects Zn\(^{2+}\)-mediated enhancement of NMDA receptors. (A) Time course of NMDA fEPSP amplitudes in control slices (dark circles, n = 6) in the presence of 10μM ifenprodil alone, versus slices treated with ifenprodil + 1μM ZnCl\(_2\) (light circles, n = 2). (B) Histogram demonstrating how ifenprodil inhibited NMDA fEPSPS in the presence of 1μM ZnCl\(_2\). (C) Time course of NMDA fEPSP amplitudes in control slices (dark trace, n = 6) treated with NVP AAM077 alone, versus slices treated with NVP AAM077 + 1μM ZnCl\(_2\) (light circles, n = 5).

(S4 Fig)

S5 Fig. PP3 does not inhibit zinc enhancement of CA1 LTP. (A) The time course of LTP in PP2 treated slices (circles) compared to slices treated with PP3 (squares). PP3 did not inhibit LTP magnitude compared to PP2 (P < 0.05; Student’s t-test). (B) Graph showing the normalized slope at 50 minutes after TBS stimulation. Mean ± SEM of fEPSP slopes 50 minutes post-TBS in slices treated with 1μM ZnCl\(_2\) + PP2 (n = 4) versus slices treated with 1μM ZnCl\(_2\) + PP3 (n = 3). The two groups were significantly different, with PP2, but not PP3, completely blocking the Zn\(^{2+}\) enhancement of LTP (*, P < 0.05; Student’s t-test).

(S5 Fig)

S6 Fig. Zn\(^{2+}\) does not alter basal phosphorylation of NR2B NMDAR subunits at Y1472. A representative western blot. All samples in this figure are from the same animal. The lanes
above each other are duplicate aliquots of the same slice. Upper panels are developed with anti NMDAR2B antibody and the lower panels developed with anti PY NMDAR2B antibody. Quantitation of the ECL developed image was performed using Image J software. Quantitative comparisons were performed by normalizing each blot to a control lane and the relative value of the PY signal was divided by the total NMDAR2B signal. Thus a ratio of one is the value of control standard- the PY/NMDA for control is set to 1. The quantization from this study is reported in Fig 6E.

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